

Resources for IDDSI 10-28-2025
Provided by Mary Rybicki, MS, RDN, LDN
Your First Stop is Always the IDDSI website!

IDDSI and USIRG links:

- IDDSI homepage: <https://iddsi.org/>
- IDDSI Framework and Testing documents: <https://iddsi.org/Framework>
 - Check out resources page for audit tools, implementation guides, posters and link to videos <https://www.iddsi.org/resources>
 - Check out FAQs, News, and sign up for E-Bite
- IDDSI USIRG (united states) homepage: <https://iddsi.org/United-States>
 - [Training Videos & Competencies](#)
 - [Frequently Asked Questions](#)
 - [How to Advocate for IDDSI](#)
 - [Implementation Process](#)
 - [Research](#)
 - [Regulations, Accreditations, and Best Practice Resources](#)

Below are some other helpful resources I have discovered to find ideas, recipes, culinary techniques, trainings, and applications. Explore, ask questions, and find additional solutions that work for YOU! When in doubt, check for answers through IDDSI testing and on IDDSI website.

Explore options with your vendors, GPOs, product manufacturers, thickener company, food service/menu software company, recipe services/subscriptions, equipment suppliers, professional organizations, and training systems.

Lyons Health Labs <https://www.lyonshealthlabs.com/resources/>

Resources, recipes, product guides and training.

Becky Dorner & Associates Free IDDSI Webinars with CPEs:

- **Making IDDSI Diet Orders Work: Strategies for Person-Centered Care**, October 2025: <https://www.beckydorner.com/free-resources/free-webinar-iddsi-diet-orders-person-centered-care/>
- **Putting the “S” back in IDDSI: How to successfully implement and standardize your IDDSI program**, January 2024 (Good through January 2027) <https://www.beckydorner.com/free-resources/putting-the-s-back-in-iddsi/>

AHCA/NCAL (American Health Care Association/National Center for Assisted Living):
Utilizing IDDSI’s Tools to Avoid Texture Modified Food Mistakes and Citations (Free on-demand webinar)
https://educate.ahcancal.org/p/061725?_gl=1*1t4pvym*_gcl_au*NTE2Njg4MjY3LjE3NTk3NDkyMzI.

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QAPI and Quality Assurance Resources

Academy of Nutrition and Dietetics and CDR

- Quality and Process Improvement Basics and Blank Action plan for Process Improvement. <https://www.cdrnet.org/Quality>

CMS Publicly Available Documents on QAPI

- [CMS QAPI Website](#)
- [CMS QAPI Resources](#)
- [CMS QAPI Process Framework](#)
- [CMS QAPI at a Glance](#)
- [Federal Register - QAPI Regulations](#)

Other Helpful Resources

- [Plan-Do-Check-Act \(PDCA\) Cycle Resource](#)
- [Root Cause Analysis Explained](#)
- QAPI Regulations: <https://www.ecfr.gov/current/title-42/chapter-IV/subchapter-G/part-483/subpart-B/section-483.75>