

Policy & Procedure Manual

Resource: Non-Perishable Foods List for Emergency Supply

Examples of Non-Perishable Foods

Food service suppliers have a variety of canned foods in stock that might be available in emergency circumstances. The following is a list of foods that are easily inventoried, generally have a long shelf life and can be easily incorporated into the menu or snack schedules prior to their expiration dates. Other foods might need to be purchased. Be sure to follow inventory rotation and monitor expiration dates. Keep a hard copy of emergency menus and a manual can opener with the canned goods supply.

Canned/Aseptically Packaged Goods

Meats, Poultry, Fish Chicken Deviled ham Ham Peanut butter Salmon Tuna Vienna sausage	Beans Baked Black Butter Cannelloni Chickpeas Kidney Navy Pinto	Pureed Foods Chicken Fruits Meats Vegetables	Nutritional Supplements Milkshakes Puddings
Fruit Applesauce Apple slices Fruit cocktail Mandarin oranges Peaches Pears Pineapple	Pie Filling Apple Blueberry Cherry Peach	Prepared Foods Cheese sauce Chicken & dumplings Chili Ravioli Stew	Soups Chicken noodle Cream of celery Cream of chicken Cream of mushroom Cream of tomato Vegetable Vegetable beef
Vegetables Corn German potato salad Green beans Peas Pickled vegetables Potatoes Three bean salad Tomatoes Tomato sauce	Pudding Chocolate Lemon Vanilla Banana	Broths Beef Chicken Vegetable (Canned or aseptic packs)	Fruit Juices Apple Apricot nectar Cranberry Grape Orange Pear nectar Prune (Canned or aseptic packs)
Condiments Chocolate syrup Jam and jelly Maple syrup Mayonnaise Mustard Salad dressing	Milk Evaporated milk Sweetened/ Condensed Shelf stable whole, low fat, chocolate or skim milk	Beverages Fruit punch Iced tea Other beverage drinks Soda pop	Bottled Water 12, 16 or 20 ounces 1 Gallon 5 Gallon 50 Gallon Drums Larger Containers as needed

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Shelf Stable Items

Convenience Foods Instant mashed potatoes Instant pudding Powdered cheese sauce mix Refried Beans Soy Protein	Supplements/Proteins Egg whites, dried Nutritional Supplement mix Milkshake mix	Therapeutic Items Enteral feeding formulas Modified food starch or gel thickener Non-nutritive sweetener	*Condiments Coffee creamer Honey Jelly Ketchup Mustard Salt and pepper Sugar
Crackers/Chips Butter crackers Cheese puffs Graham crackers Potato or other chips Saltine crackers	Snacks Cereal/snack bars Cheese crackers Granola bars Peanut butter crackers	Soup Bouillon Dried soup mix Soup base	Hot beverages Instant coffee Tea bags Hot chocolate mix
Starches Pasta Noodles Rice	Cookies Chocolate chip Filled cookies Shortbread cookies Sugar cookies Vanilla wafers	Thickened Beverages Thickened juice Thickened milk Thickened water	Beverages Large and small aseptic packs of juice Powdered beverage mixes (regular and sugar free): Fruit flavored iced tea or punch
Milk Pasteurized nonfat dry milk	Cereal Dry (bulk or in single serve containers) Hot (cream of rice, cream of wheat, grits oatmeal)	Nuts and Seeds Almonds Mixed nuts Peanut butter Peanuts Walnuts	Dried Fruit Apples Apricots Bananas Cranberries Prunes or Raisins

* Consider individual portion packs

**Shelf stable aseptic packages of milk may be available from food service vendors. These may be packed in individual portion sizes. They are shelf stable for approximately eight (8) months and include an expiration date.

Semi Perishable Foods

Bread Items	Produce
Bread Buns/Rolls Pita bread Muffins/ English muffins Parmesan cheese Tortillas	Potatoes Onions Apples

Source:

Dorner, B. *Emergency/Disaster Plan for Food and Dining Services*, Becky Dorner & Associates, Inc., Dunedin, FL. 2018. <https://www.beckydorner.com/product/emergency-disaster-plan-for-food-and-dining-services-2018-edition-book-only/>.