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Objectives

- 1. Understand the challenges of purchasing
- 2. List the steps needed in purchasing
- 3. Distinguish between whether a product should be made or bought
- 4. Explain how to set up an inventory
- 5. Discuss the role menus play in purchasing



Pam Brummit, MA RD/LD

- Founder/President of Brummit & Associates, Inc.
- Over 40 years consulting
- Speaker, Author
- Taught the Dietary Managers course for 30 years and ServSafe for 25 years
- · Past Chair of DHCC; Currently the Professional Development Coordinator for DHCC
- Award winning RDN

Disclosures: Pam is on the Advisory Council for Hormel Health Labs however she certifies that no conflict of interest exists for this program



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Things to Consider

- Quality
- Quantity
- Supplier
- Schedule



Purchasing

- Purchases must be made from approved
- Appropriately inspected
- Inspection
- spectron

 Meat, poultry, eggs USDA or state health agency

 Implies wholesomeness or safety not quality

 Seafood and fish approved suppliers
- Certification tags must be kept for 90 days
- Grading

 o Voluntary
- o Descriptive for quality











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Purchasing Specifications

- Describe quality aspects
- Realistic
- Clear terms
- Availability
- Written for quotes
- Flexibility



Make or Buy?

• What is the final quality of the convenience food?

• Is it acceptable for your needs?

• What is the labor requirement of the convenience food versus the product we would make from scratch?

• If you consider both labor and food cost, which product comes out to be least expensive?

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Meat Shrinkage • 25 % • Ground beef varies • 70/30 • 80/20 • 90/10

Egg size Weight Liquid Eggs Volume Jumbo 30 oz 26.7 oz Extra Large 27 24 Large 24 21.4 Medium 21 18.7 Small 18 16 Peewee 15 13.4

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The Variables	
• Inventory	A COTO
 Menu management Purchasing controls 	
Portion control	Λ
Waste Theft	A.
mere	

Inventory

Perpetual

A continuous record of purchases and issues of food and supplies

Physical

An actual physical count of products on hand done on a periodic basis

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Inventory Accounting Procedures

- Dietary supplies
- Dish machine rental
- Dishes and utensils
- Equipment
- Supplements
- Snacks in addition to menu
- Hydration carts

- Nursing
- Activity
- Social
- Maintenance
- Housekeeping
- Laundry

Inventory Levels

- Factor in your 3-day supply
- · Accurate forecasting
- · Know your on-hand inventory
- Impact of poor inventory control:
 - Straight cost factors...dollars and space
 - Hidden costs...devaluation of inventory



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Menu Management

- Use your menu to accurately forecast orders
- · Regular vs therapeutic diets
- Follow the menu
- Don't add extra items to the menu unless you can afford them
- Snacks/supplements cost extra money
 Figure the snacks/supplements you are
- Evaluate the snacks/supplements you are serving routinely
- Thickened beverages can add \$1.00 + to the PPD for residents receiving



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Therapeutic Diets

- DO:
 - Use liberalized diets
- DON'T
 - Buy expensive sugar-free and saltfree items if at all possible
 - Add additional items to diets (extra items make the diet inaccurate)
 - Add extra portions to a therapeutic diet (large portions make the diet inaccurate)



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Menu Substitutions

- CMS regulations specify that requests for substitutions should be permitted and honored -
- As long as they are REASONABLE and ACHIEVABLE
- Must be of similar nutritive value



Assure Financial Figures are Accurate: Factor out Extras

- Staff meals
- Special functions
- Activity food
- Hydration cart
- Supplements
- Thickened liquids
- Free coffeeNursing
- Floor stock



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Food Budget Distribution

Food	Percentage of Budget	
Meat/Protein	32-38%	
Milk/Dairy	9-10%	
Bread	3-7%	
Staples	28%	
Coffee, tea, hot beverages	2%	
Produce	13-22%	
Ice Cream	1-2%	
Nourishment/Supplement	2%	

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Food Formulary

- Take charge of the order guide
- Select quality/cost effective products/consolidate your products
- Don't order from your past history
- Order what the menu dictates
- Menus usually require 450-500 items + condiments
- Use your dietary system to forecast your order



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Purchasing

Over-purchasing

- Ties up your money for no benefit
- Food could deteriorate
- Risk of theft
- It takes money to finance this food
- Storage

Under-purchasing

- Frequent trips to store
- Pay more for product
- Labor time
- Not always getting similar product

Guidelines

- Organize purchases
- Use purchase order form
- Use specific product code numbers
- Know yields of can sizes
- Use standardized buying guides
- Avoid personal relationships with reps
- Know marketing trends
- Purchase according to appropriate use
- Place orders by computer, fax, phone



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Receiving

- Done by key employee
- Specify delivery time
- Check against invoice/purchase guide
- No subs unless approved in advance
- Weigh meats
- Don't allow delivery staff to stock items
- Review order for accuracy
- Keep records
- Store promptly



Purchasing Cost

- Product specifications
- Be clear and concise
- Be specific
- Develop specifications using standard identification codes
- Measurable components
- Be fair
- Be realistic



Specifications

- · Name of product
- Quality level
- Size of product unit on which price will be based
- Optional
 - o Test or inspection
 - $\circ \ \text{Quantity limitations}$
- o Services required



Supply Costs

- Disposables
- China
- Flatware
- Cleaning supplies
- Equipment, small
- Office supplies



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Supplements

- Look at dining program
- Know what products are being used
- Physician's orders
- Compare products
- Negotiate pricing
- Other interventions
- Re-evaluate



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Verify Quality

- Test panels
- Satisfaction surveys
- Plate waste studies
- Checklists
- Self audits
- Feedback



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Thank you!



To Pam Brummit, MA, RD/LD for Supporting this Webinar

• Contact brummit@ionet.net

For more information

- Visit www.beckydorner.com/COVID19
- Sign up for our free e-newsletter to stay up to date on current news
- References and resources provided with handout
- Contact: info@beckydorner.com or https://www.beckydorner.com/about/contact/

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References and Resources from Food Service Purchasing & Production During an Emergency Part 1 Webinar with Pam Brummit, MA, RDN/LD 5/15/20



Visit www.beckydorner.com/covid19 for up to date information.

Becky Dorner & Associates, Inc. Resources http://www.beckydorner.com/covid19/

- Policy & Procedure Manual for Nutrition and Food Service in Healthcare Facilities, Chapters on Food Production and Food Safety and more https://www.beckydorner.com/product/policy-procedure-manual/
- Enhancing Nutritional Value with Fortified Foods: A Resource for Professionals https://www.beckydorner.com/wp-content/uploads/2018/04/2018EnhancingNutritionalValue-3859.pdf
- Emergency/Disaster Plan for Food and Dining Services
 - Book only https://www.beckydorner.com/product/emergency-disaster-plan-for-food-and-dining-services-2018-edition-book-only/
 - o Book with CPE Course https://www.beckydorner.com/product/emergency-disaster-plan-for-food-and-dining-services-2018-cpe-self-study-program/

Association of Food and Nutrition Professionals (ANFP) https://www.anfponline.org/news-resources/covid-19-resources

- Top 10 Tips for Purchasing Food https://www.anfponline.org/docs/default-source/top-10-resource-lists/top-10-tips-for-purchasing-food.pdf?sfvrsn=f2770bf6_2
- Top 10 Tips on Ways to Utilize Fortified Foods https://www.anfponline.org/docs/default-source/top-10-resource-lists/top-10-ways-to-utilize-fortified-foods.pdf
- ANFP Practice Standards https://www.cbdmonline.org/cdm-resources/practice-standards
 - Calculating Food Costs https://www.cbdmonline.org/cdm-resources/practice-standards/competency-area-2-foodservice/calculating-food-costs
 - Measuring Meal Production & Calculating Meal Equivalents
 https://www.cbdmonline.org/cdm-resources/practice-standards/competency-area-2-foodservice/measuring-meal-production-calculating-meal-equivalents
 - Determining Menu Item Prices https://www.cbdmonline.org/cdm-resources/practice-standards/competency-area-2-foodservice/determining-menu-item-prices
 - Controlling Costs in Foodservice https://www.cbdmonline.org/cdm-resources/practice-standards/competency-area-2-business-operations/controlling-costs-in-foodservice
 - Emergency Planning https://www.cbdmonline.org/cdm-resources/practice-standards/competency-area-2-sanitation-safety/emergency-planning

ANFP Resources for Purchase

ANFP Videos:

- Raw Food Cost Per Meal https://videos.anfponline.org/raw-food-cost-per-meal
- Make or Buy https://videos.anfponline.org/make-or-buy
- o Recipe Cost https://videos.anfponline.org/recipe-cost
- Scaling a Recipe https://videos.anfponline.org/scaling-a-recipe



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Our most popular publications include:

- Diet and Nutrition Care Manuals (2019 Comprehensive or Simplified)
- Policy and Procedure Manual (2019)
- Emergency/Disaster Plan for Food and Dining Services (2018)

More titles (see website for all titles – added frequently):

- Nutrition and Integrative Medicine: A Primer for Clinicians (2020)
- The Genomic Kitchen: Your Guide to Understanding and Using the Food-Gene Connection for a Lifetime of Health (2020)
- Salt Fat Acid Heat: Mastering the Elements of Good Cooking (2020)
- Nutrition & Diabetes Pathophysiology and Management (2019)
- Minimum Data Set (MDS) 3.0 RAI Manual v1.17 Course (2019)
- CMS State Operations Manual Appendix PP Course (2019)
- AADE Quick Guide to Medications (2019)
- Sports Nutrition: A Handbook for Professionals, 3rd Edition (2019)
- Nutrition for the Older Adult (2019)
- Food Code 2017 Course (2019)

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