

# COVID-19 Regulatory Updates Webinar

## COVID-19 Regulatory Updates:

May 7, 2020

Presenter:

Brenda Richardson, MA, RDN, LD,  
CD, FAND



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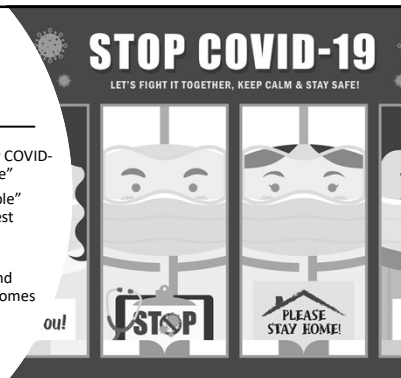
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## Objectives

1. Identify the most current key COVID-19 guidance for "best practice"
2. Locate the location of "credible" informational sources for "best practice"
3. Review recent updates and implement facility systems and processes for successful outcomes



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## Brenda Richardson, MA, RDN, LD, CD

- Brenda is president of Brenda Richardson, MA, RDN, LD, CD, LLC. She is a well-known leader in the field of dietetics, a nationally acclaimed speaker, author, LTC nutrition-legal expert and consultant to health care providers
- Disclosures: Brenda is on the advisory council and is a consultant to Hormel Health Labs. Brenda certifies that no conflict of interest exists for this program



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**CMS.gov**  
Centers for Medicare & Medicaid Services

**Centers for Medicare & Medicaid Services  
(CMS)  
as of 5/4/2020**

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## Recent Updates for State Surveyors and Accrediting Organizations

**CMS.gov**  
Centers for Medicare & Medicaid Services

- <https://www.cms.gov/medicare/quality-safety/oversight-general-information/coronavirus>
- <https://www.cms.gov/newsroom/press-releases/cms-news-alert-april-9-2020>
- New Frequently Asked Questions on Emergency Medical Treatment and Labor Act (EMTALA)(April 30, 2020)
- Nursing Home Five Star Quality Rating System updates, Staff Counts, and FAQs (April 24, 2020)
- Regulatory COVID-19 Focus



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## Waivers Related to Food and Nutrition Services

- <https://www.cms.gov/About-CMS/Agency-Information/EPRO/Current-Emergencies/Current-Emergencies-page>
  - List of Blanket Waivers (PDF) UPDATED (4/30/20)
- <https://www.cms.gov/about-cms/emergency-preparedness-response-operations/current-emergencies/coronavirus-waivers>

CMS.gov  
Centers for Medicare & Medicaid Services

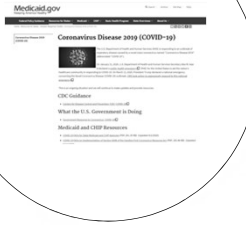


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## State Directives

State Department of Health and Local Health Departments

- <https://www.medicaid.gov/resources-for-states/disaster-response-toolkit/coronavirus-disease-2019-covid-19/index.html>

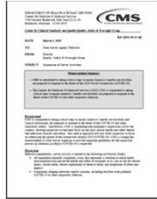


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## CMS QSO-20-12-ALL

March 4, 2020

- Suspension of Survey Activities
- <https://www.cms.gov/files/document/qso-20-12-all.pdf>



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## CMS QSO-20-14-NH

March 13, 2020

- Guidance for Infection Control and Prevention of Coronavirus Disease 2019 (COVID-19) in Nursing Homes (Revised)
- <https://www.cms.gov/files/document/qso-20-14-nh-revised.pdf>



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## COVID-19 Long-Term Care Facility Guidance

April 2, 2020

- New recommendations to State and local governments and long-term care facilities to help mitigate the spread of the 2019 Novel Coronavirus
- <https://www.cms.gov/files/document/4220-covid-19-long-term-care-facility-guidance.pdf>



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## Additional Best Practice Updates And Resources Government

- Centers for Diseases Control and Prevention (CDC)
  - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
  - [https://www.cdc.gov/coronavirus/2019-ncov/hcp/infection-control-recommendations.html#infection\\_control](https://www.cdc.gov/coronavirus/2019-ncov/hcp/infection-control-recommendations.html#infection_control)
- Food and Drug Administration (FDA)
  - <https://www.fda.gov/food/food-safety-during-emergencies/food-safety-and-coronavirus-disease-2019-covid-19>

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## Additional Best Practice Updates And Resources: Associations

- Academy of Nutrition and Dietetics  
<https://www.eatrightpro.org/coronavirus-resources>
- Association of Food and Nutrition Professionals (ANFP)  
<https://www.anfponline.org/news-resources/covid-19-resources>
- American Healthcare Association (AHCA)  
[https://www.ahcancal.org/facility\\_operations/disaster\\_planning/Pages/Coronavirus.aspx](https://www.ahcancal.org/facility_operations/disaster_planning/Pages/Coronavirus.aspx)
- AMDA – The Society for Post-Acute and Long-Term Care Medicine  
<https://paltc.org/COVID-19>
- Leading Age  
[https://leadingage.org/covid19?\\_ga=2.64643563.516567912.1586790242-1011170047.1586790242](https://leadingage.org/covid19?_ga=2.64643563.516567912.1586790242-1011170047.1586790242)

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## Alzheimer's Association

Emergency Preparedness: Caring for persons living with dementia in a long-term or community-based setting

[https://alz.org/media/Documents/COVID-19-EmergencyTips\\_LongTermCommunityBasedDementiaCare\\_AlzheimersAssociation.pdf](https://alz.org/media/Documents/COVID-19-EmergencyTips_LongTermCommunityBasedDementiaCare_AlzheimersAssociation.pdf)

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## Recent Hot Topics

- Phasing in for meal service vs no communal dining
- Weight loss with social isolation
- Adequate staff for dietary and meal service



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## Recent Hot Topics

- Infection control focused survey audits
- Menu substitutions and food/non-food supply challenges
- Emergency supplies: Food and non-food



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## Thank you!



To Brenda Richardson, MA, RDN, LD, CD for Supporting this Webinar

• Contact [Brenda@brendarichardson.com](mailto:Brenda@brendarichardson.com)

### For more information

- Visit [www.beckydorner.com/COVID19](http://www.beckydorner.com/COVID19)
- Sign up for our free electronic newsletter to stay up to date on current news
- References and resources provided with handout

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Resources from *Menu Adaptations: COVID-19 Regulatory Updates April 17, 2020 Webinar* with Brenda Richardson, MA, RDN, LD, CD, FAND 5/7/20



Visit [www.beckydorner.com/covid19](http://www.beckydorner.com/covid19) for links to all of the following resources.

### Centers for Medicare & Medicaid Services (CMS)

- Recent updates for State Surveyors and Accrediting Organizations
  - <https://www.cms.gov/medicare/quality-safety-oversight-general-information/coronavirus>
  - <https://www.cms.gov/newsroom/press-releases/cms-news-alert-april-9-2020>
    - New Frequently Asked Questions on Emergency Medical Treatment and Labor Act (EMTALA)(April 30, 2020)  
<https://www.cms.gov/medicareprovider-enrollment-and-certificationsurveycertificationgeninfopolicy-and-memos-states-and-emergency-medical-treatment-and-labor-act-emtala-requirements-and-implications-related-covid19>
    - Nursing Home Five Star Quality Rating System updates, Staff Counts, and FAQs (April 24, 2020)
      - Memo <https://www.cms.gov/medicareprovider-enrollment-and-certificationsurveycertificationgeninfopolicy-and-memos-states-and-nursing-home-five-star-quality-rating-system-updates-nursing-home-staff-counts-and-frequently-asked>
      - Five Star Quality Rating Information  
<https://www.cms.gov/Medicare/Provider-Enrollment-and-Certification/CertificationandCompliance/FSQRS>
  - CMS QSO-20-26-NH: Upcoming Requirements for Notification of Confirmed COVID-19 (or COVID-19 Persons under Investigation) Among Residents and Staff in Nursing Homes  
<https://www.cms.gov/files/document/qso-20-26-nh.pdf>
  - Long Term Care Facilities (Skilled Nursing Facilities and/or Nursing Facilities): CMS Flexibilities to Fight COVID-19  
<https://www.cms.gov/files/document/covid-long-term-care-facilities.pdf>
- Waivers Related to Food and Nutrition Services
  - Current Emergencies <https://www.cms.gov/About-CMS/Agency-Information/Emergency/EPRO/Current-Emergencies/Current-Emergencies-page>

- COVID-19 Emergency Declaration Blanket Waivers for Health Care Providers (4/21/20 release) <https://www.cms.gov/files/document/summary-covid-19-emergency-declaration-waivers.pdf>
- <https://www.cms.gov/about-cms/emergency-preparedness-response-operations/current-emergencies/coronavirus-waivers>
- State Directives: State Department of Health and Local Health Departments <https://www.medicaid.gov/resources-for-states/disaster-response-toolkit/coronavirus-disease-2019-covid-19/index.html>
- CMS QSO-20-ALL: March 4, 2020 Suspension of Survey Activities <https://www.cms.gov/files/document/qso-20-12-all.pdf>
- CMS QSO-29-14-NH March 13, 2020 Guidance for Infection Control and Prevention of Coronavirus Disease 2019 (COVID-19) in Nursing Homes (Revised) <https://www.cms.gov/files/document/qso-20-14-nh-revised.pdf>
- CMS COVID-19 Long-Term Care Facility Guidance April 2, 2020  
New recommendations to State and local governments and long-term care facilities to help mitigate the spread of the 2019 Novel Coronavirus <https://www.cms.gov/files/document/4220-covid-19-long-term-care-facility-guidance.pdf>

#### **Additional Best Practice Updates and Resources**

- Centers for Diseases Control and Prevention (CDC)
  - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
  - [https://www.cdc.gov/coronavirus/2019-ncov/hcp/infection-control-recommendations.html#infection\\_control](https://www.cdc.gov/coronavirus/2019-ncov/hcp/infection-control-recommendations.html#infection_control)
- Food and Drug Administration (FDA) <https://www.fda.gov/food/food-safety-during-emergencies/food-safety-and-coronavirus-disease-2019-covid-19>
- Academy of Nutrition and Dietetics <https://www.eatrightpro.org/coronavirus-resources>
- Association of Food and Nutrition Professionals (ANFP) <https://www.anfponline.org/news-resources/covid-19-resources>
- American Healthcare Association (AHCA) [https://www.ahcancal.org/facility\\_operations/disaster\\_planning/Pages/Coronaviruses.aspx](https://www.ahcancal.org/facility_operations/disaster_planning/Pages/Coronaviruses.aspx)
- AMDA – The Society for Post-Acute and Long-Term Care Medicine <https://paltc.org/COVID-19>
- Leading Age [https://leadingage.org/covid19?\\_ga=2.64643563.516567912.1586790242-1011170047.1586790242](https://leadingage.org/covid19?_ga=2.64643563.516567912.1586790242-1011170047.1586790242)

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### Our most popular publications include:

- Diet and Nutrition Care Manuals (2019 Comprehensive or Simplified)
- Policy and Procedure Manual (2019)
- Emergency/Disaster Plan for Food and Dining Services (2018)

### More titles (see website for all titles – added frequently):

- Nutrition and Integrative Medicine: A Primer for Clinicians (2020)
- The Genomic Kitchen: Your Guide to Understanding and Using the Food-Gene Connection for a Lifetime of Health (2020)
- Salt Fat Acid Heat: Mastering the Elements of Good Cooking (2020)
- Nutrition & Diabetes Pathophysiology and Management (2019)
- Minimum Data Set (MDS) 3.0 RAI Manual v1.17 Course (2019)
- CMS State Operations Manual Appendix PP Course (2019)
- AADE Quick Guide to Medications (2019)
- Sports Nutrition: A Handbook for Professionals, 3<sup>rd</sup> Edition (2019)
- Nutrition for the Older Adult (2019)
- Food Code 2017 Course (2019)

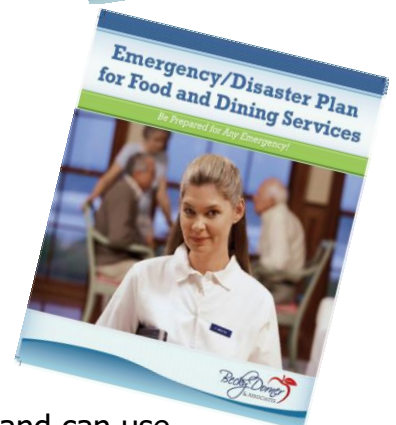
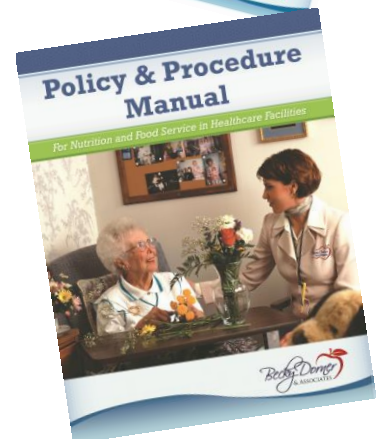
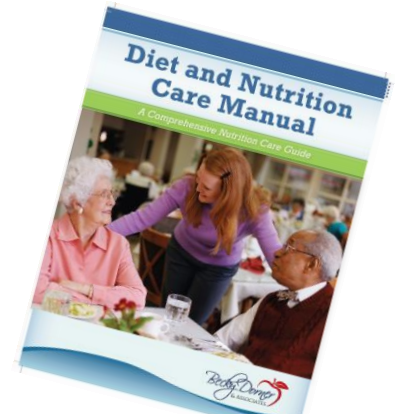
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- Kathy Warwick, RD, CDE, Owner, Professional Nutrition Consultants, LLC, Madison, Mississippi