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#### Brenda Richardson, MA, RDN, LD, CD

- Brenda is president of Brenda Richardson, MA, RDN, LD, CD, LLC, She is a well-known leader in the field of dietetics, a nationally acclaimed speaker, author, LTC nutrition-legal expert and consultant to health care providers
- Disclosures: Brenda is on the advisory council and is a consultant to Hormel Health Labs. Brenda certifies that no conflict of interest exists for this program



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**Centers for Medicare & Medicaid Services** (CMS) as of 4/17/2020

#### **Recent Updates for State** Surveyors and **Accrediting Organizations**

- https://www.cms.gov/medicare/qualitysafety-oversight-generalinformation/coronavirus
- · https://www.cms.gov/newsroom/pressreleases/cms-news-alert-april-9-2020
- Regulatory COVID-19 Focus



CMS.gov

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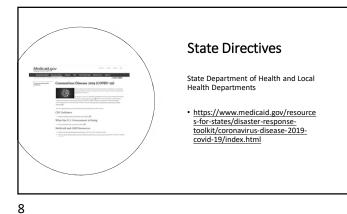
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#### Waivers Related to Food and Nutrition Services

- https://www.cms.gov/About-CMS/Agency-Information/Emergency/EPRO/Current-Emergencies/Current-Emergencies-page
- https://www.cms.gov/aboutcms/emergency-preparedness-responseoperations/currentemergencies/coronavirus-waivers





#### CMS QSO-20-12-ALL

March 4, 2020

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- Suspension of Survey Activities
- https://www.cms.gov/files/document/ qso-20-12-all.pdf



#### CMS QSO-29-14-NH

March 13, 2020

- Guidance for Infection Control and Prevention of Coronavirus Disease 2019 (COVID-19) in Nursing Homes (Revised)
- https://www.cms.gov/files/docume nt/qso-20-14-nh-revised.pdf

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#### COVID-19 Long-Term Care Facility Guidance

April 2, 2020

- New recommendations to State and local governments and long-term care facilities to help mitigate the spread of the 2019 Novel Coronavirus
- https://www.cms.gov/files/document/ 4220-covid-19-long-term-care-facilityguidance.pdf



Additional Best Practice Updates And Resources

(CMS

Government

- Centers for Diseases Control and Prevention (CDC)
  - $\circ \frac{\text{https://www.cdc.gov/coronavirus/2019-}}{\text{ncov/index.html}}$
  - o https://www.cdc.gov/coronavirus/2019ncov/hcp/infection-controlrecommendations.html#infection\_control
- Food and Drug Administration (FDA)
  - https://www.fda.gov/food/food-safetyduring-emergencies/food-safety-andcoronavirus-disease-2019-covid-19

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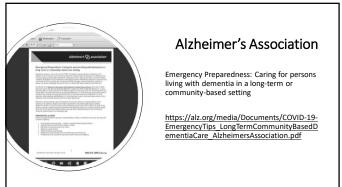
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**Practice Updates And** 

Resources:

- Academy of Nutrition and Dietetics https://www.eatrightpro.org/coronavirus-resources
- Additional Best \* Association of Food and Nutrition Professionals (ANFP) https://www.anfponline.org/news-resources/covid-19resources • American Healthcare Association (AHCA)
  - $\underline{https://www.ahcancal.org/facility\_operations/disaster\_}$ planning/Pages/Coronavirus.aspx
- Associations
- AMDA The Society for Post-Acute and Long-Term Care Medicine https://paltc.org/COVID-19
  - https://leadingage.org/covid19?\_ga=2.64643563.51656 7912.1586790242-1011170047.1586790242

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#### Thank you!



To Brenda Richardson, MA, RDN, LD, CD for Supporting this Webinar

• Contact Brenda@brendarichardson.com

#### For more information

- Visit www.beckydorner.com/COVID-19
- Sign up for our free electronic newsletter to stay up to date on current news
- · References and resources provided with handout

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Resources from *Menu Adaptations: COVID-19 Regulatory Updates April 17, 2020 Webinar* with Brenda Richardson, MA, RDN, LD, CD, FAND 4/14/20



Visit <a href="https://www.beckydorner.com/covid19">www.beckydorner.com/covid19</a> for links to all of the following resources.

#### **Centers for Medicare & Medicaid Services (CMS)**

- Recent updates for State Surveyors and Accrediting Organizations
  - <a href="https://www.cms.gov/medicare/quality-safety-oversight-general-information/coronavirus">https://www.cms.gov/medicare/quality-safety-oversight-general-information/coronavirus</a>
  - https://www.cms.gov/newsroom/press-releases/cms-news-alert-april-9-2020
- Waivers Related to Food and Nutrition Services
  - https://www.cms.gov/About-CMS/Agency-Information/Emergency/EPRO/Current-Emergencies/Current-Emergencies-page
  - https://www.cms.gov/about-cms/emergency-preparedness-responseoperations/current-emergencies/coronavirus-waivers
- State Directives: State Department of Health and Local Health Departments <a href="https://www.medicaid.gov/resources-for-states/disaster-response-toolkit/coronavirus-disease-2019-covid-19/index.html">https://www.medicaid.gov/resources-for-states/disaster-response-toolkit/coronavirus-disease-2019-covid-19/index.html</a>
- CMS QSO-20-ALL: March 4, 2020 Suspension of Survey Activities <a href="https://www.cms.gov/files/document/qso-20-12-all.pdf">https://www.cms.gov/files/document/qso-20-12-all.pdf</a>
- CMS QSO-29-14-NH March 13, 2020 Guidance for Infection Control and Prevention of Coronavirus Disease 2019 (COVID-19) in Nursing Homes (Revised) <a href="https://www.cms.gov/files/document/qso-20-14-nh-revised.pdf">https://www.cms.gov/files/document/qso-20-14-nh-revised.pdf</a>
- CMS COVID-19 Long-Term Care Facility Guidance April 2, 2020
   New recommendations to State and local governments and long-term care facilities to help mitigate the spread of the 2019 Novel Coronavirus <a href="https://www.cms.gov/files/document/4220-covid-19-long-term-care-facility-quidance.pdf">https://www.cms.gov/files/document/4220-covid-19-long-term-care-facility-quidance.pdf</a>

#### **Additional Best Practice Updates and Resources**

- Centers for Diseases Control and Prevention (CDC)
  - https://www.cdc.gov/coronavirus/2019-ncov/index.html
  - https://www.cdc.gov/coronavirus/2019-ncov/hcp/infection-controlrecommendations.html#infection control

- Food and Drug Administration (FDA)
  - <a href="https://www.fda.gov/food/food-safety-during-emergencies/food-safety-and-coronavirus-disease-2019-covid-19">https://www.fda.gov/food/food-safety-during-emergencies/food-safety-and-coronavirus-disease-2019-covid-19</a>
- Academy of Nutrition and Dietetics <a href="https://www.eatrightpro.org/coronavirus-resources">https://www.eatrightpro.org/coronavirus-resources</a>
- Association of Food and Nutrition Professionals (ANFP) <a href="https://www.anfponline.org/news-resources/covid-19-resources">https://www.anfponline.org/news-resources/covid-19-resources</a>
- American Healthcare Association (AHCA)
   <a href="https://www.ahcancal.org/facility\_operations/disaster\_planning/Pages/Coronavirus.aspx">https://www.ahcancal.org/facility\_operations/disaster\_planning/Pages/Coronavirus.aspx</a>
- AMDA The Society for Post-Acute and Long-Term Care Medicine https://paltc.org/COVID-19
- Leading Age
   https://leadingage.org/covid19?\_ga=2.64643563.516567912.1586790242-1011170047.1586790242
- Alzheimer's Association Emergency Preparedness: Caring for persons living with dementia in a long-term or community-based setting <a href="https://alz.org/media/Documents/COVID-19-">https://alz.org/media/Documents/COVID-19-</a> <a href="mailto:EmergencyTips\_LongTermCommunityBasedDementiaCare\_AlzheimersAssociation.pdf">https://alz.org/media/Documents/COVID-19-</a> <a href="mailto:EmergencyTips\_LongTermCommunityBasedDementiaCare\_AlzheimersAssociation.pdf">https://alz.org/media/Documents/COVID-19-</a>



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# Our most popular publications include:

- Diet and Nutrition Care Manuals (2019 Comprehensive or Simplified)
- Policy and Procedure Manual (2019)
- Emergency/Disaster Plan for Food and Dining Services (2018)

# More titles (see website for all titles – added frequently):

- Nutrition and Integrative Medicine: A Primer for Clinicians (2020)
- The Genomic Kitchen: Your Guide to Understanding and Using the Food-Gene Connection for a Lifetime of Health (2020)
- Salt Fat Acid Heat: Mastering the Elements of Good Cooking (2020)
- Nutrition & Diabetes Pathophysiology and Management (2019)
- Minimum Data Set (MDS) 3.0 RAI Manual v1.17 Course (2019)
- CMS State Operations Manual Appendix PP Course (2019)
- AADE Quick Guide to Medications (2019)
- Sports Nutrition: A Handbook for Professionals, 3<sup>rd</sup> Edition (2019)
- Nutrition for the Older Adult (2019)
- Food Code 2017 Course (2019)

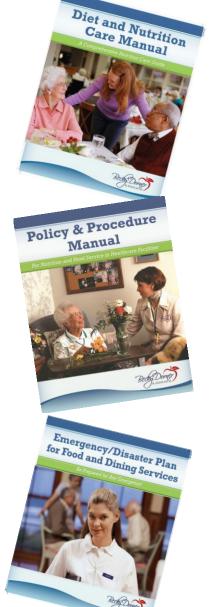
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  - Kathy Warwick, RD, CDE, Owner, Professional Nutrition Consultants, LLC, Madison, Mississippi