

Your Own Private Nutritionist!



CONSULTING



Eat healthy. Live well. Feel better.

Do you want to lose or gain weight? Manage diabetes, heart disease, high blood pressure, cholesterol, kidney disease or food allergies?

Do you want to eat a healthier diet? Has your doctor told you that you need to change your diet?

These are just a few of the reasons people seek the expert, science-based advice of our registered dietitian nutritionists (RDN). Whether you need help for yourself or others you care for, our caring, skilled and knowledgeable RDNS are here to help you achieve your goals.

We help people improve their health and their lives through the transformational power of food and nutrition!

Your Own Personal Nutritionist - at Your Fingertips

We can teach you how to eat a healthy diet for your specific needs, provide practical tips for meal planning and preparation, provide recipes and sample menus. You can consult with your RDN in person or from the comfort of your home or office using our virtual telehealth platform! You choose which option you prefer or choose a mix of both.

Learn more at

www.beckydorner.com/nutritionconsult

- Private sessions with your personal RDN include a 45 minute initial consult and follow up sessions of 15-30 minutes.
- Visit our website for pricing.

We are only an email or phone call away!



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Schedule your appointment today!

nutritionconsult@beckydorner.com

1-800-342-0285 (extension 251)