

**Summary of Ohio Department of Health Administrative Code - Chapter 3701-16**

Amount and Type of Dietary Services Provided 3701-16-10	(A) Facility must accommodate religious restrictions and ethnic preferences. Facility must provide a variety of food.	(B) If providing three meals per day the facility must provide:	(C) Provide safe drinking water	
(A)(1) NO MEALS are provided by the facility OR	N/A	N/A	YES	
(A)(2) ONE, TWO OR THREE DAILY MEALS OR	YES	<ul style="list-style-type: none"> <li>✚ 3 nourishing meals per day</li> <li>✚ Food must be palatable, attractive, appetizing</li> <li>✚ Food must be served at regular hours</li> <li>✚ Food must be prepared and served in a form that meets the resident's individual needs based on the assessment</li> <li>✚ No more than 16 hours may lapse between evening meal and breakfast</li> <li>✚ Meals shall be capable of providing the RDI's</li> <li>✚ Food substitutes of equal nutritional value shall be offered to residents who refuse the food served and serving size may be adjusted according to preferences</li> <li>✚ Must accommodate a resident's preferences or medical need to eat at different intervals</li> <li>✚ Meals shall be based on a standard meal planning guide from a diet manual published by a dietitian, approved by a dietitian or both</li> </ul>	YES	
(A)(3) PREPARATION OF SPECIAL DIETS; one two or three daily meals OR	YES		YES	
(A)(4) PREPARATION AND SUPERVISION OF THERAPEUTIC DIETS. Each facility that elects to supervise diets shall provide three daily meals and meet the chapter requirements	YES		<ul style="list-style-type: none"> <li>✚ Must offer nourishing snack consisting of a choice of beverages and a food item from a basic food group. Snack must be served after the evening meal</li> </ul>	YES
Amount and Type of Dietary	(D) IF no Meals...		(E) If resident not permitted to have food	(F) Each facility shall have a kitchen or other food

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Services Provided 3701-16-10		in their units, snacks will be made available 24 hours per day	service facility that is adequate for preparing and serving the amount and types of meals the facility agrees to provide	
(A)(1) NO MEALS are provided by the facility OR	<ul style="list-style-type: none"> <li>✚ Each resident unit is appropriately and safely equipped with food storage and food preparation appliances which the facility maintains in safe operating condition OR that each resident has access to an appropriately and safely equipped food storage and prep area</li> <li>✚ Shall permit residents to store and prepare food in a safe manner in their resident units or in a resident food storage and preparation area</li> </ul>	N/A	N/A	
(A)(2) ONE, TWO OR THREE DAILY MEALS OR	N/A	YES	YES	
(A)(3) PREPARATION OF SPECIAL DIETS; one two or three daily meals OR	N/A	YES	YES	
(A)(4) PREPARATION AND SUPERVISION OF THERAPEUTIC DIETS. Each facility that elects to supervise diets shall provide three daily meals and meet the chapter requirements	N/A	YES	YES	
Amount and Type of Dietary Services	(G)Requires Food Service License	(H)Shall procure, store, prepare, distribute and serve all food in a manner that protects it against contamination and spoilage		(I)Food supply and Menus

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(A)(1) NO MEALS are provided by the facility OR	N/A	N/A	N/A
(A)(2) ONE, TWO OR THREE DAILY MEALS OR	YES	<ul style="list-style-type: none"> <li>✚ (1) Dining rooms shall be cleaned after each meal</li> <li>✚ (a) Meals will be transported in a sanitary manner to prevent contamination</li> <li>✚ (b) Handwashing facilities must be present and include hot and cold water, soap and individual paper towels in the food preparation and service area</li> <li>✚ (c) Provide and maintain clean and sanitary kitchen and dining areas; and a clean, sanitary and adequate supply of eating and drinking utensils, and pots and pans for use in preparing, serving and eating appetizing meals and snacks</li> <li>✚ Place food scraps and trash in garbage cans with tight fitting lids and bag liners. Empty garbage cans daily or more often if needed. Non- disposable containers shall be cleaned frequently enough to maintain sanitary conditions. Disposable bags of garbage may be stored outside only in nonabsorbent containers with close fitting covers. Liquid wastes resulting from compacting should be disposed of as sewage.</li> <li>✚ (2) may provide any format of meal service which meets the requirement of this rule and with resident input</li> <li>✚ (3) provide a dining environment as natural and independent as possible, comparable with eating at home. Have choices from a wide variety of food items tailored to the residents' wants and needs while still meeting rule requirements</li> </ul>	<ul style="list-style-type: none"> <li>✚ Maintain a one-week supply of staple foods and a two day supply of perishable foods</li> <li>✚ Amount of supplies shall be based on the number of meals the facility has decided to provide daily</li> </ul>
(A)(3) PREPARATION OF SPECIAL DIETS; one two or three daily meals OR	YES		
(A)(4) PREPARATION AND SUPERVISION OF THERAPEUTIC DIETS. Each facility that elects to supervise diets shall provide three daily meals and meet the chapter requirements	YES		
Amount and Type of Dietary Services	(J) Menus	(K) Need for observation, supervision and assistance during dining	(L) If facility elects to prepare special diets other than therapeutic...

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(A)(1) NO MEALS are provided by the facility OR	N/A	N/A	N/A
(A)(2) ONE, TWO OR THREE DAILY MEALS OR	<ul style="list-style-type: none"> <li>+ Plan all menus at least one week in advance</li> <li>+ Food shall vary in texture, color and include seasonal foods</li> </ul>	<ul style="list-style-type: none"> <li>+ Facility must observe, supervise and assist a resident in consuming meals if the resident requires the assistance.</li> </ul>	N/A
(A)(3) PREPARATION OF SPECIAL DIETS; one two or three daily meals OR	<ul style="list-style-type: none"> <li>+ Maintain records of dated menus including therapeutic diets, as served, for a period of at least three months</li> <li>+ Records will be made available to the director upon request and will indicate substitutions</li> </ul>	<ul style="list-style-type: none"> <li>+ Facility shall ensure food texture is appropriate to the individual needs of the resident</li> <li>+ Syringe feedings are not permitted</li> </ul>	<ul style="list-style-type: none"> <li>+ (1) Prepare and provide the special diets in accordance with the orders of a physician OR other licensed health professional (acting within their scope) OR a dietitian</li> <li>+ (2) Adjust special diet menus as ordered by the resident's attending physician or other licensed health care professional (acting within their scope) OR a dietitian</li> </ul>
(A)(4) PREPARATION AND SUPERVISION OF THERAPEUTIC DIETS. Each facility that elects to supervise diets shall provide three daily meals and meet the chapter requirements			N/A

Amount and Type of Dietary Services	(M) Supervision of therapeutic diets	(N) If required by paragraph M..	(O) Parenteral Nutrition / Enteral Nutrition	(P) Hospice patient diet
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(A)(1) NO MEALS are provided by the facility OR	N/A	N/A	Parenteral nutrition – not permitted Enteral part time intermittent - permitted	N/A
(A)(2) ONE, TWO OR THREE DAILY MEALS OR	N/A	N/A	Parenteral nutrition – not permitted Enteral part time intermittent - permitted	Diet shall be planned by a dietitian, the hospice program or both as appropriate
(A)(3) PREPARATION OF SPECIAL DIETS; one two or three daily meals OR	N/A	N/A	Parenteral nutrition – not permitted Enteral part time intermittent - permitted	Diet shall be planned by a dietitian, the hospice program or both as appropriate
(A)(4) PREPARATION AND SUPERVISION OF THERAPEUTIC DIETS. Each facility that elects to supervise diets shall provide three daily meals and meet the chapter requirements	<ul style="list-style-type: none"> <li>+ Facility must make 3 meals/day available</li> <li>+ Facility must plan for a dietitian to plan, direct and implement dietary services that meet the resident’s nutritional needs and comply with requirements of this rule on an ongoing basis</li> <li>+ (1) Dietitian must determine that the diet is appropriate to the residents POC</li> <li>+ (2) Monitor intake and diet acceptance</li> <li>+ (3) Evaluate the home’s compliance with provision of the diet</li> <li>+ (4) Adjust POC’s and diets as needed</li> </ul>	<ul style="list-style-type: none"> <li>+ Dietitian shall oversee, monitor and assist in training of food service staff in the preparation and serving of foods for therapeutic diets and consult quarterly with the foodservice staff.</li> <li>+ Trained unlicensed staff, including the DM, may perform routine tasks that:                             <ul style="list-style-type: none"> <li>(1) May be assigned pursuant to chapter 4750 of the Revised code</li> <li>(2) Do not require professional judgment or knowledge</li> </ul> </li> </ul>	Parenteral nutrition – not permitted Enteral part time intermittent - permitted	Diet shall be planned by a dietitian, the hospice program or both as appropriate

This summary chart was provided courtesy of Diane Dew, RD, LD, CSC and is used with permission.