## BECKY DORNER, RDN, LD, FAND

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## SUMMARY

Leader: Innovative, collaborative, transformational leader focused on improving the nutrition and dietetics profession through member empowerment.

Expert/Educator: Results-oriented educator with special emphasis on nutrition care for the older adult, entrepreneurism, career development and leadership.

**Advocate:** Dedicated to advocating for policy change and excellence in nutrition care. Our education/resources have optimized health for countless older adults since 1983.

Dedicated Mentor: Mentored, encouraged and motivated hundreds of RDNs and NDTRs towards achieving personal growth, career development and leadership roles.

Entrepreneur: Founder of successful nutrition/dietetics consulting firm serving health care facilities for over 30 years; publisher of a broad library of resources.

Respected Author/Speaker: Extensively published; focused on practical, evidenced based resources for nutrition and interdisciplinary health care professionals.

## **Highlights**

## Active Leader for More Than 20 Board Positions in National and State Professional Associations Since 1984

Including positions as Chair, Council on Future Practice (2014-15), Speaker-Elect/Speaker/Past Speaker of the House of Delegates and Board of Directors of the Academy of Nutrition and Dietetics (2011-2014), Chair Elect/Chair/Senior Advisor of Consultant Dietitians in Health Care Facilities (DHCC), Officer (Secretary) of the NPUAP, first Executive Officer of the National Consultant Dietitian Network 2004-2007. Served on the Academy's Executive Committee 2011-2013, Finance and Audit Committee 2011-2012, LPPC 2012-2013, Council on Future Practice 2013-2015, Visioning Workgroup 2014-2016, Member Services Advisory Committee 2014-2016.

## President/Founder, Nutrition Consulting Services, Inc. and Becky Dorner & Associates, Inc. (1983 – Present)

Becky Dorner & Associates, Inc. is an information and education firm specializing in education for health care professionals who work with older adults. Nutrition Consulting Services, Inc. (dba Becky Dorner & Associates Consulting) has provided nutrition services to hundreds of health care facilities since 1983. Currently serving approximately 100 health care facilities for clinical documentation, food service and cost control consultation, quality improvement, temporary services, and staff education.

- Presented almost 600 educational programs for state/national/international professional meetings in 50 states and 5 countries. Hosted more than 140 national CEU webinars and teleseminars for healthcare professionals since 2004.
- Published more than 300 nationally/internationally recognized health care articles, manuals and continuing education programs including menus/recipes, clinical manuals, self-study continuing education programs, inservices, and publications designed for health professionals working with older adults; lead author for the first National Pressure Ulcer Advisory Panel White Paper on Nutrition and Pressure Ulcers and co-author of the second.
- Publishes a monthly free email news magazine that reaches 35,000 health care professionals (US, Canada, abroad).
- Collaborated with manufacturers and vendors to develop, implement and market a variety of products designed to improve the nutritional health of older adults.
- Clinical preceptor 1982-Present. Devoted to supporting the next generation, Becky and her staff have been active clinical preceptors since 1982 hosting students from 6 colleges/universities including Kent State University Master's Program, Cuyahoga Community College, Stark State Technical College, Cleveland Clinic Foundation Internship Program, University of Akron Coordinated Program (CP) in Dietetics, Youngstown State University CP program. Member, University of Akron Council for Fine and Applied Arts 2001-2005.
- Past Experience: Regional Dietitian: All American Food Specialists, Inc., Wadsworth, Ohio (1986-1987); Staff Dietitian: Visiting Nurse Service, Akron, Ohio (1983-1986); Staff Dietitian: Akron General Medical Center, Akron, Ohio (1984–1986); Dietitian/Food Service Director: Valley View Nursing Home, Akron, Ohio (1981-1982).

#### **Publications**

Including Becky Dorner & Associates, Inc. publications, Becky has authored, reviewed and contributed to more than 300 magazine/journal articles, books and videos for:

- Advances in Skin & Wound Care (Editorial Advisory Board 2012-present)
- Journal of The Academy of Nutrition and Dietetics
- Aging Well Magazine
- Canadian Society of Nutrition Management
- The Consultant Dietitian (DHCC DPG)
- Dietary Manager Magazine
- Extended Care Product News Magazine

- Food Service and Nutrition, and Gerontology Nutrition Society (Canada)
- Nutrition in Clinical Practice (Associated with the Journal of Clinical Nutrition)
- Nursing Home Magazine
- Provider Magazine
- The Director Magazine (NADONA)
- Today's Dietitian (monthly column 2003-2010)

## **Speaking Engagements**

Becky has presented more almost 600 professional programs in the US and abroad to such organizations as:

- Academy of Nutrition and Dietetics national meetings and numerous state affiliate meetings
- American Overseas Dietetic Association (Comogli, Italy and Dublin, Ireland)
- American Speech and Hearing Association
- Assisted Living Federation of America, Nursing Conference; and Center for Excellence in Assisted Living Conference
- Consultant Dietitians in Health Care Facilities (now DHCC) and numerous state affiliate meetings
- Dietary Managers Association (now Association of Nutrition and Food Service Professionals or ANFP)
- Dietitians of Canada Dietitians of Canada Gerontology Network
- State Health Care Associations and State Associations for Housing and Services of the Aging (many states)
- International Conference on Nutritional Service of Long Term Care, and Taipei Dietetic Association, Taiwan

## **Awards and Honors**

- Academy of Nutrition and Dietetics Medallion Award, 2017
- Fellow of the Academy of Nutrition and Dietetics (FAND), 2013
- ADA Award of Excellence in Business and Consultation, 2007
- Gaynold Jensen Educational Stipend (CD-HCF) 2003 and 2006
- Mary C. Zahasky Memorial Continuing Education Award (ADAF), 2006
- JoAnn Prophet Speaker Stipend (Gerontological Nutritionists), 2006
- Consultant Dietitians in Health Care Facilities (CD-HCF now DHCC) Distinguished Member Area V, 2003
- Association of Ohio Philanthropic Homes & Housing for the Aging (AOPHA) Distinguished Service Award for Education, Research and Communications, 2002
- Outstanding Nutrition Entrepreneur Award, Nutrition Entrepreneurs, 2000
- Recognized Young Dietitian of the Year American Dietetic Association, 1993

## **Professional Organizations**

#### **National**

- Academy of Nutrition and Dietetics (Academy) (Member 1980-present): House of Delegates Speaker-elect/Speaker/Past Speaker (2011-2014); Board of Directors (2011-present); Council on Future Practice, Chair 2014-15, HLT and BOD Liaison (2013-14), Member Visioning Workgroup (2014-present), Member Translating Vision into Practice Award Workgroup (2014-present); Member Services Advisory Committee (2014-16), Nutrition and Dietetics Associate Task Force (2014); Ad Hoc Advisory Committee Past Presidents and Speakers (2013-present); Board of Directors Executive Committee (2011-2012); Finance and Audit Committee (2011-2012); Nutrition Care Process/Standardized Language Committee, HLT and BOD Liaison (2011-2012); Differentiation Task Force (2011-2012); Evidence Analysis Library Projects on Wound Care (Project Leader 2010-2011), on committee for Unintended Weight Loss in Older Adults (2008-2009) and Tool Kit Development Work Group (2010-2013); Research Committee 2006-2010, American Overseas Dietetic Association Communications Chair (2008-2010); House of Delegates Professional Issues Delegate, Business and Consultation (2002-2004); Alliance Representative to NPUAP (2001-2006); Consultant Dietitians in Health Care Facilities now DHCC (1985-2004): Chair Elect/Chair/Senior Advisor (1999-2002), Fundraising Chair (2001-2003), Professional Development Committee (1994-1997/1999-2002), Area V Coordinator (1994-1997)
- National Pressure Ulcer Advisory Panel (2006-2012): Secretary 2006-2008, Director (2006-2008; 2009-2011); Public Policy Committee (2001-2006), Staging Task Force (2004-2007), Education Committee (2006-2012), Education Committee co-chair (2008-2012), Biennial Conference Co-chair (2008-2009)
- **Nutrition Entrepreneurs** (Member 1983-present): *Speaker's Specialty Sub-unit Chair* (2002-2007), *Director Member Services* (2001-2003), *Assistant Area Coordinator* (1993-1995)
- Dietary Manager's Association (now AFNP) (1998-2008): Industry Council (2004-2008), Annual Meeting Education Committee (2002-2004), Item Writer's Committee for Certification Exam (1998-2000)

#### **State**

- Ohio Dietetic Association (Now OAND) (Member 1980-present): Liaison to Ohio Health Care Association (1991-1996), Chairman/Chair Elect Resource and Development (1993-1995), Ohio Consultant Dietitians in Health Care Facilities Legislative Chairman (1992-1994); Chairman Consulting Nutritionists Council on Practice (1989-1994), Chairman Public Relations Committee (1990-1992)
- Ohio Health Care Association (OHCA) (Associate Member since 1991): Facility Standards Committee (1997-1999)
- Ohio Board of Dietetics (Licensed Dietitian 1987-present): assisted with revisions of standards of practice, 2009
- Association of Ohio Philanthropic Homes & Housing for the Aging (Associate Member 1995-2007): Health Care Committee (1997-2006)

## **Education**

University of Akron, Akron, Ohio: Bachelor of Arts in Dietetics, 1981

#### **Published Work**

## Peer Reviewed Journal Articles and Books/Book Chapters

#### ADVANCES IN SKIN & WOUND CARE / THE JOURNAL FOR PREVENTION & HEALING

Editorial Advisory Board, *Advances in Skin & Wound Care*, Wolters Kluwer Health, Lippincott, Williams & Wilkins. (2012-present).

- \* Posthauer ME, Banks M, Dorner B; Schols J. The Role of Nutrition for Pressure Ulcer Management: National Pressure Ulcer Advisory Panel, European Pressure Ulcer Advisory Panel, and Pan Pacific Pressure Injury Alliance White Paper. Advances in Skin & Wound Care: 2015;28(4):175–188. Available at <a href="http://journals.lww.com/aswcjournal/Fulltext/2015/04000/The Role of Nutrition for Pressure Ulcer.7.aspx">http://journals.lww.com/aswcjournal/Fulltext/2015/04000/The Role of Nutrition for Pressure Ulcer.7.aspx</a>
  Note: This article won the 2015 Roberta S. Abruzzese Publishing Award from Advances in Skin & Wound Care.
- \* Posthauer, ME; Collins, N; Dorner, B; Sloan, C. Nutritional strategies for frail older adults. *Adv Skin Wound Care*. 2013; 26(3):128-140.
- \* Posthauer, ME; Dorner, B, Collins, N. Nutrition: A critical component of wound healing. *Adv Skin Wound Care.* 2010; 12: 560-572.
- \* Contributor/Reviewer: Langemo DK, Black J. Pressure ulcers in individuals receiving palliative care: A National Pressure Ulcer Advisory Panel White Paper. *Adv Skin Wound Care*. 2010; 23(2):59-72.
- \* Dorner B, Posthauer ME, Thomas D. The role of nutrition in pressure ulcer prevention and treatment: National Pressure Ulcer Advisory Panel white paper. *Adv Skin Wound Care*. 2009; 22(5):212-21.
- \* Black J, Baharestani M, Cuddigan J, Dorner B, Edsberg L, Langemo D, Posthauer ME, Ratliff C, Taler G. National Pressure Ulcer Advisory Panel's updated pressure ulcer staging system. *Adv Skin Wound Care*. 2007;20(5):269-74.
- \* Lee SK, Posthauer ME, Dorner B, Redovian V, Maloney MJ. Pressure ulcer healing with a concentrated, fortified, collagen protein hydrolysate supplement: A randomized controlled trial. *Adv Skin Wound Care*. 2006;19(2):92-6.

#### **ADVANCES IN WOUND CARE**

\* Litchford M, Dorner B, and Posthauer ME. Malnutrition as a precursor of pressure ulcers. *Adv Wound Care* (New Rochelle). 2014 Jan 1;3(1):54-63.

#### **ANNALS OF LONG TERM CARE**

\* Dorner B. Advancing Nutritional Care for Older Adults. Annals of Long-Term Care: Clinical Care and Aging. 2014;22(6):27-29 .(Feature: Ask the Experts)

## JOURNAL OF THE ACADEMY OF NUTRITION AND DIETETICS (PREVIOUSLY JOURNAL OF THE AMERICAN DIETETIC ASSOCIATION)

- \* Kicklighter JR, Dorner B, Hunter AM, Kyle M, Prescott MP, Roberts S, Spear B, Hand RK, Byrne C. Visioning Report 2017: A Preferred Path Forward for the Nutrition and Dietetics Profession. *J Acad Nutr Diet.* 2016;117(1): 110-127.
- \* Dorner B, Stieber MR. Academy Scope of Practice: Tools for determining competence and advancing practice. *J Acad Nutr Diet.* 2013; 113(6 Suppl):S7-8.
- \* Reviewer: Position Paper: Ethical and legal issues in feeding and hydration. J Acad Nutr Diet. 2013; 113 (6): 828-833.
- \* Reviewer: Practice Paper: Ethical and legal issues in feeding and hydration. J Acad Nutr Diet. 2013 Jul;113(7):981.
- \* Reviewer: Cereda E, Klersy C, Rondanelli M, Caccialanza R. Energy balance in patients with pressure ulcer: A systematic review and meta-analysis of observational studies. *J Acad Nutr Diet.* 2011; 111 (12): 1868-1876.
- \* Dorner B, Friedrich EK, Posthauer ME. Position of the American Dietetic Association: Individualized nutrition approaches for older adults in health care communities. *J Am Diet Assoc*. 2010; 110 (10): 1554-1563.
- \* Dorner B, Friedrich EK, Posthauer ME. Practice Paper of the American Dietetic Association: Individualized nutrition approaches for older adults in health care communities. *J Am Diet Assoc*. 2010; 110 (10): 1554-1563.
- Reviewer: Position of the American Dietetic Association: Ethical and legal issues in nutrition, hydration and feeding. J Am Diet Assoc. 2008; 108 (5): 873-882.
- \* Reviewer: Niedert, K. Position of the American Dietetic Association: Liberalization of the Diet Prescription Improves Quality of Life for Older Adults in Long-Term Care. *J Am Diet Assoc.* 2005 Dec;105(12):1955-65.
- \* Finley D, Diekman C, Dorner B, Lofley DK. Putting the "Wow!" in Dietetics. J Am Diet Assoc. 2005 Jul;105(7):1149-51.
- Dorner B, Gallagher-Allred C, Deering CP, Posthauer ME. The "To Feed or Not To Feed" Dilemma. October 1997. J Am Diet Assoc. 1997 Oct:97(10 Suppl 2):S172-6. Review.
- \* Position of the American Dietetic Association: Liberalized Diets for Older Adults in Long-Term Care. Dorner B, Niedert KC, Welch PK. *J Am Diet Assoc*. 2002 Sep;102(9);1316-23.
- \* Reviewer: Position of the American Dietetic Association: Nutrition Services in Managed Care. Chima CS, Pollack HA. *J Am Diet Assoc.* 2002 Oct;102(10):1471-8.

## **NUTRITION IN CLINICAL PRACTICE (ASSOCIATED WITH JOURNAL OF CLINICAL NUTRITION)**

- \* Posthauer ME, Dorner B, Friedrich EK. Enteral Nutrition for Older Adults in Health Care Communities. *Nutr Clin Pract.* 2014 Aug:29(4);445-458.
- \* Dorner B, Posthauer ME, Friedrich EK, Robinson GE. Enteral nutrition for older adults in nursing facilities. *Nutr Clin Pract*. 2011 Jun;26(3):261-72.

## **BOOKS/CHAPTERS: AUTHOR/CONTRIBUTOR**

- \* Wound Care Essentials: Practice Principles, 4th Edition, edited by Sharon Baranoski and Elizabeth A. Ayello. Coauthor on Chapter on Nutrition and Wound Care. To be released 2015 by Walters Kluwer.
- \* Wound, Ostomy and Continence Nurses Society® Core Curriculum: Wound Management, 1st edition, edited by Dorothy B. Doughty and Laurie McNichol. Coauthor on Chapter on Nutrition and Wound Care. 2015, Walters Kluwer.
- \* Launching Your Dietetics Career, section on Extended Care/Assisted Living Nutritionist in the "Movers and Shakers" chapter, 2011, 2017. Academy of Nutrition and Dietetics.
- \* Nutrition Management and Restorative Dining for Older Adults: Practical Interventions for Caregivers, Contributing Author, 2001. Academy of Nutrition and Dietetics.
- \* Pocket Resource for Nutrition Assessment, Contributor, 2005; Contributing Author, Reviewer, 2001; Contributing Author, Editing Board, 1997. Academy of Nutrition and Dietetics, Consultant Dietitians in Health Care Facilities.
- \* Steps to Success: The Business of Consulting, Contributor, 2002. Academy of Nutrition and Dietetics, Consultant Dietitians in Health Care Facilities.
- \* Dining Skills: Practical Interventions for the Caregivers of the Eating Disabled Older Adult, Contributing Author, Reviewer, 2001. Academy of Nutrition and Dietetics, Consultant Dietitians in Health Care Facilities.
- \* Enteral Nutrition, Contributing Author, in conjunction with Mead Johnson, 2001. Academy of Nutrition and Dietetics, Consultant Dietitians in Health Care Facilities.
- \* Pocket Resource for Management, Editor, Contributing Author, 2000. Academy of Nutrition and Dietetics, Consultant Dietitians in Health Care Facilities.
- \* Nutrition Care of the Older Adult (revision), Co-editor, 2004; Contributing Author and Editing Team, 1998.

## **R**EVIEWER

- \* A.S.P.E.N. Adult Nutrition Support Core Curriculum, 3rd Edition, 2017. (In Press.) American Society for Parenteral and Enteral Nutrition (A.S.P.E.N.), Charles Mueller, Editor in Chief. Chapter on Nutrition Support for Older Adults.
- \* A.S.P.E.N. Nutrition Support Adult Core Curriculum, 2nd edition, 2012. American Society for Parenteral and Enteral Nutrition (A.S.P.E.N.), Silver Spring, MD 20910. www.nutritioncare.org; chapter on Geriatrics.
- \* National Dysphagia Diet: Standardization for Optimal Care, Reviewer, 2002. Academy of Nutrition and Dietetics.
- \* Correctional Foodservice and Nutrition Manual, Reviewer, 2001. Academy of Nutrition and Dietetics, Consultant Dietitians in Health Care Facilities.

## $\textbf{\textit{Articles}} \ \textbf{IN Magazines}, \textbf{\textit{T}RADE PUBLICATIONS}, \textbf{\textit{N}EWSLETTERS}$

#### **ADVANCE MAGAZINE**

- \* Hard to Swallow, March/April 2002.
- Special Diets, Special Needs, October 2000.

#### **AGING WELL MAGAZINE**

- \* Creative Nutrition: Solutions for Failure-to-Thrive Patients, Fall 2010. (Vol. 3 No. 4 P. 8), Cover feature.
- \* Dietary Supplement Use in the Elderly, Winter 2008 (Premier Issue).

## **ASSISTED LIVING CONSULT**

Nutrition Therapy for C. Difficile Diarrhea, Sept/Oct 2007.

## **ASSISTED LIVING TODAY**

- \* I Haven't Had a Thing to Eat All Day..., 2005.
- When Residents Don't Eat, Nov/Dec 1999.

## **CANADIAN SOCIETY OF NUTRITION MANAGEMENT MAGAZINE**

- \* The Power of Mentoring, January 2010.
- \* Can You Hear Me Now? (Reprint) January 2009.
- \* It's a Small World...Notes from Abroad, Food Service & Nutrition: Canadian Society of Nutrition Management News, Volume 2, Issue 1, Spring 2006.

#### THE CONSULTANT DIETITIAN

Reviewer/Editor, 1996-2002.

- Quarterly Columns: CMS News, 2005 2008.
- \* Insert: MNT for Pressure Ulcers, June 2005.
- \* F314: Pressure Sores, Spring 2005.
- \* Medical Nutrition Therapy for Pressure Ulcers, Winter 2004.
- \* Quarterly Columns: Strategies for Success, 2000-2001.
- \* Show Me The Money: Cost Control Measures for Healthcare Foodservice, Fall 1998.
- \* Professional Ethics: What Are the Rules Now Anyway?, Spring 1998.
- \* To Feed or Not to Feed and Nutrition Risk Program: Best Practice Guidelines. Winter 1997.
- \* ICF MR Group Homes: A whole new ball game, The Consultant Dietitian, Summer 1991.

## DIETARY MANAGER MAGAZINE (NOW ASSOCIATION OF FOOD AND NUTRITION PROFESSIONALS MAGAZINE)

- 2006: Moving Up the Ladder: Career Skills for Success, Part One, August 2006. And Moving Up the Ladder: Career Skills for Success, Part Two, September 2006.
- \* 2004: Nutrition Interventions for Pressure Ulcers, March 2004.
- \* 2003: A Different Kind of Long-Term Care, October 2003. Live Your Dream of Consulting, July/August 2003. Keep it Simple: Liberalizing Therapeutic Diets for Older Adults, March 2003.
- \* 2002: Mega Marketing Skills for Success, June 2002. A Liberalized Approach to Diabetic Diets in Long-Term Care, March 2002: It's Tough to Swallow: A Practical Approach to Nutrition Care of Clients with Dysphagia, January 2002.
- \* 2001: Dietary Disaster Readiness, Part I and II, January/February 2001.
- \* 1999: Nutrition and the Dementia Patient: Do You Know Where I Can Get Something To Eat? February 1999. And Health Care 2000: Trends and Skills for Future Success, January 1999.
- \* 1997: Holiday Menus Make Dining Special for Everyone, October 1997. Subacute: The Future Wave in Health Care, October 1997 (cover/feature article). Charting Your Pathway to the Future, May 1997.
- \* 1996: Dignity in Dining: Feeding Techniques for Elderly and Disabled Clients, May/June 1996. Diabetic Delights, January/February 1996 (cover/feature article).
- \* 1995: How to Survive a Survey, July/August 1995. And Keep It Simple: Liberalization of Therapeutic Diets for the Elderly, March/April 1995.
- \* 1994: Dietary's Role in Preventing and Treating Pressure Sores, November/December 1994.

## **EXTENDED CARE PRODUCT NEWS**

- \* Healthy Munchies for Happy Residents, March/April 2004.
- \* Nutrition and Dining for Residents with Dysphagia, March/April 2003.

## GERONTOLOGY NUTRITION SOCIETY (CANADA)

\* A Focus on Dysphagia Diets, Nutritional Needs for Pressure Sores, (reprint) Newsletter, Fall 2003.

### **HEALTHNEXT MAGAZINE**

- \* 2004: Who Turned Out the Lights? Vol. 6, No. 3, 2004. And Can You Hear Me Now? Improving communications for better nutrition care, Vol. 6, No. 1, 2004.
- \* 2003: Don't Let Pain Management Complicate Nutritional Care, Vol. 5, No. 3, 2003. Sanitation Solutions, Vol. 5, No. 2, 2003. Keep it Simple: Liberalization of Therapeutic Diets for Older Adults, Vol. 5, No. 1, 2003.
- \* 2002: Renal Diets or Rocket Science? Renal Diets for Older Adults, Vol. 4, No. 3, 2002. Mega Marketing Skills for Success, Vol. 4, No. 2, 2002. A Liberalized Approach to Diets for Diabetes in Long Term Care, Vol. 4, No. 1, 2002.
- \* 2001: It's Tough to Swallow: Nutrition Care of Clients with Dysphagia, Vol. 3, No. 5, 2001. I Haven't Had a Thing to Eat All Day..., Vol. 3, No. 4, 2001. Show Me the Money!, Power in the Process, Vol. 3, No. 3, 2001.

#### **HP CONNECTIONS**

Creating Demands for our Services, Spring 2005.

#### LONG-TERM LIVING MAGAZINE

\* Nutrition Therapy and Pressure Ulcer Prevention: New NPUAP-EPUAP guidelines, nutrition white paper cast new light on wound care (cover/feature article), August 2009.

## MIDWEST FOODSERVICE NEWS (HEALTH CARE COLUMN, JAN. 1997 – JUNE 2002):

\* Renal Diets for Older Adults, Mega Marketing Skills for Success, A Liberalized Approach to Diabetic Diets in Long Term Care, Increasing Your Value: Strategies for Success, Consultants: Worth Their Weight in Gold?, What's the Buzz in Nutrition Care, Special Dietary Challenges in Assisted Living Special Dietary Challenges in Assisted Living Facilities, Hydration — It's a Splash - Make a Splash with Hydration Programs that Achieve Results, Registered Dietitians Can Help Add Healthy Selections to Menu, Don't Get Stuck Behind the Eight Ball - Empower Yourself to Easily Handle Kitchen Surveys, Dysphagia: A Practical Approach to Nutritional Care, Dysphagia: Caring for Patients with Swallowing Problems, Keep Career Afloat by Surfin' the Net, Cultural and Religious Diversity Impacts Food Choices, Finger Foods Promote Independent Eating, Disaster Planning, What's For Dinner?, Getting It All Done, 1999 Food Code, The Pros and Cons of Catering for Recognition and Profit, Nutrition and the Dementia Patient: Do You Know Where I Can Get Something To Eat?, Healthcare Foodservice Calls for Comfort Foods, Cost Control and Customer Satisfaction, Choosing a Vendor: Do Your Research, Show Me The Money: Cost Control Measures for Healthcare Foodservice, Soup — the Ultimate Comfort Food, Making Food Fun, Health Care: The Year in Review, Holiday Foods Spice Up Health Care Settings, Special Foods for Special Events, Challenges, Challenges, Challenges, A Toast to Hydration, Convenience Foods Can Cut Costs, Convenience and Control, Health Care Service: Focus on the Future.

## **NURSING HOME MAGAZINE**

- \* The Obesity Challenge, February 2007.
- \* Do You Know Where I Can Get Something to Eat? Nutrition and Dementia, May 2005.
- \* Don't Let Pain Management Complicate Nutritional Care, September 2002.

## **NURSING HOME DIGEST**

\* Culture Change in Healthcare, Volume 1, Issue 2, 2006.

## **NUTRITION ENTREPRENEURS VENTURE NEWSLETTER**

- \* The Future is Now Focusing Your Vision, Winter 2007.
- \* 2006: Interview with Chere Borke, Fall 2006. Coaching: A Worthwhile Investment for Your Business, Spring 2006. Helpful Hints from NE Professional Speakers, Summer 2006. Hot Tips from the NE Speaker's Specialty Group, Winter 2006. Tips for Life Balance for the Busy Professional Speaker, Winter 2006.
- \* 2005: Sharing Tips for Your Speaking Success, Fall 2005. Interview with Zonya Focco, Summer 2005. Interview with Cindy Heroux, Spring 2005.
- \* 2003: Speaker's Specialty Group, Winter 2003. Mega Marketing Skills for Success, Winter 2003. Shameless Self Promotion and the Public Speaker, Spring 2003.
- \* 2002: Eight Steps to a Successful Speaking Career, Winter 2002.

## ODONA NEWS (OHIO DIRECTORS OF NURSING ADMINISTRATION/ LONG TERM CARE)

- \* NPUAP's Newly Revised Pressure Ulcer Staging System, June 2007.
- \* A Step by Step Approach to Preventing and Treating Weight Loss, June 2005.
- \* Goods News: Dining Assistance is on the Way!, Vol. 6, Issue 2, June 2004.

#### **PROVIDER MAGAZINE**

- \* Promoting an Easier Swallow. Dorner B. 2002 Sep;28(9):69-70, 73-4.
- \* When A Resident Won't Eat. Dorner B. 1997 Jun:23(6):61-4.

## THE DIRECTOR MAGAZINE (NATIONAL DIRECTORS OF NURSING ASSOCIATION)

- \* Keep It Simple: Liberalization of therapeutic diets for older adults. Dorner B. 2003 Spring;11(2):65-7.
- \* A Liberalized Approach to Diets for Diabetes in Long Term Care. Dorner B. Director. 2002 Autumn;10(4):132-3, 136.
- \* It's Tough to Swallow: A practical approach to nutrition care of clients with dysphagia. Dorner B. Director. 2002 Summer;10(3);107-10.

## **TODAY'S DIETITIAN**

- \* Nutrition's Role in Sarcopenia Prevention. Dorner B, Posthauer, ME. Today's Dietitian. 2012 September. Vol. 14 No. 9 P. 62.
- \* 2010: Unintended Weight Loss Evidence Analysis Library Offers New Guidelines, March 2010.
- \* 2009: Customer Satisfaction Key to consulting Success, November 2009; Smart Savings, September 2009; Healthy Changes for Hypertension, August 2009; Fortify to Enhance Nutritional Value, July 2009; Be Prepared for Emergencies, June 2009; New Recommendations for Treating Pressure Ulcers, May 2009.
- \* 2008: New Federal Nursing Home Surveyor Guidance for F325 and F371, October 2008; News from Centers for Medicare/Medicaid Services, May 2008; Frequently Asked Questions, March 2008.
- \* 2007: Using Caution with Dietary Herbs and Supplements, November 2007; FYI: A News Update, October 2007; MNT for C Diff Disease, September 2007; Nutrition Education for the "New" LTC Resident, August 2007; NPUAP's Newly Revised Pressure Ulcer Staging System, May 2007; Meet Some of the Extraordinary RDs of CD-HCF, March 2007; Time Management Tips, February 2007; Vegetarian Diets in LTC Settings, January 2007.
- \* 2006: Unintentional Weight Loss, Part Two, December 2006; Unintentional Weight Loss, Part One, November 2006; Palliative Nutrition and Hydration, Part Two, October 2006; Palliative Nutrition and Hydration, Part One, September 2006; Failure to Thrive: Interventions to Improve Quality of Life in the Older Adult, August 2006; Dining with Dignity the Finger Food Diet, July 2006; Phenylketonuria: Dietary Guidelines and Treatment, June 2006; Lactose Intolerance: A Growing Nutritional Challenge, May 2006; Dietary Guidelines Pose Meal Planning Concerns in LTC, April 2006; LTC News from CMS and JCAHO, March 2006; Culture Change in Healthcare, February 2006; The Next Challenge: Obesity in LTC, January 2006.
- \* 2005: Holiday Ideas, December 2005; FAQs About Pressure Ulcers, November 2005; Preparing for Disaster, October 2005; It's A Small World ... Notes from Abroad, September 2005; Current News in LTC Nutrition, August 2005; Diabetes Management in LTC, July 2005; End of Life Nutrition and Hydration, June 2005; Hot Topics in Nutrition and LTC, May 2005; New President of NPUAP Focuses on Nutrition Care, April 2005; CD-HCF: A Great Resource for LTC, March 2005; Calculating Nutritional Needs for the Older Adult, February 2005; New Guidance on LTC Issues, January 2005.
- \* 2004: Ask Becky, December 2004; Special Holiday Mealtime Events, November 2004; Creating Demands for our Services: Customer Satisfaction is Key, October 2004; Enhanced Foods An Alternative Intervention for Unintentional Weight Loss, September 2004; Enhancing the Dining Experience, August 2004; Who Turned Out the Lights?, July 2004; Healthful Munchies for Happy Residents, June 2004; A Primer on Protein, Part 1, April 2004; JCAHO "Do Not Use" List, March 2004; Is Your Kitchen Safe?, February 2004; Feeding Assistance Is On The Way!, January 2004.
- \* 2003: Getting It All Done, December 2003; Marketing Skills for Success, November 2003; Dealing With Dehydration, October 2003; Controlling Costs, September 2003; Nutrition for the Dementia Resident, August 2003; Don't Let Pain Management Complicate Nutritional Care, July 2003; Improving Communications for Better Nutrition Care, June 2003; End-of-Life Nutrition and Hydration, May 2003: The Four Most Serious Causes of Food-borne Illness, April 2003; Sanitation Solutions March 2003; A Different Kind of Long Term Care, February 2003; Improving Our Nation's LTC Facilities, January 2003.

\* 2002: It's Tough to Swallow, Feature Article, August 2002.

#### MISCELLANEOUS: REVIEWER

- \* Adulthood and Aging, Moore: Mosby's Pocket Guide to Nutritional Assessment and Care, 2007.
- Alzheimer's Association: End of Life Practice Recommendations, 2007.
- \* JCAHO Assisted Living Standards, December 1999.
- \* Nutrition Care Alerts: Red Alerts and Action Steps for Caregivers, HCFA (CMS), March 1999.

## Books and Videos

#### **NATIONAL HEALTH VIDEO**

- How to Estimate Food and Fluid Intake Video. December 1998, (author of script and moderator of video).
- \* Special Diet Explanations, Nutrition Primer for Food Service Workers, Editor, 1997.

## MISCELLANEOUS: CONTRIBUTING AUTHOR

- \* Essentials of Nutrition for Chefs (Cathy Powers, Mary Abbott Hess), Contributing Author (Chapter on Food for Healthy Living, Meeting the Needs of Older Adults), Culinary Nutrition Publishing, Chicago, IL, 2010, 2013, and 2016 editions.
- \* NE Professional Tool Kit: Essentials for Your Practice. Nutrition Entrepreneurs DPG, Contributing author for the original and updated tool kit.
- \* The Competitive Edge: Advanced Marketing for Dietetics Professionals, 2010 (Kathy King), Contributing Author (Chapter on How to Market Yourself as a Speaker, and Case Study on Consulting in Long Term Care, Wolters Kluwer/Lippincott Williams & Wilkins (Also 3rd ed. (Kathy King), Contributing Author (How to Market Yourself as a Speaker), 2008.
- \* The Entrepreneurial Nutritionist (Kathy King), Contributing Author (Consulting in Long-term Care Chapter), Helm Publishing, 2009 (and Contributing Author Consulting in Long-term Care Chapter, 2002).

#### MISCELLANEOUS: REVIEWER

- \* Newsletter Reviewer, Weight Management Newsletter (DPG of ADA), Fall 2007-2008.
- \* Obesity in Older Adult Residents of Long Term Care Facilities, Weight Management Newsletter (DPG of ADA), Fall 2007.
- \* Alzheimer's Association End of Life Practice Recommendations, released August 2007.
- \* Long-Term Care Survey and Certification Guide, Editor in Chief: Ari J Markenson, JD, MPH, 2000, Eli Research, Inc., Durham, NC, Dietary Services Chapter.
- \* Dementia Care Practice Recommendations for Assisted Living Residences and Nursing Homes, End-of-life Care, June 2007.

#### Communications via E-zines, Blogs, Social Media

- Publishes a monthly e-zine which reaches 35,000 subscribers in the US, Canada and abroad.
- \* Blogger/guest blogger on www.beckydorner.com and other sites since 2010. Articles also published on numerous other sites including Today's Dietitian (RD Lounge), EzineArticles.com, SelfGrowth.com, and ArticlesFactory.com.
- \* Shares news and information via Face Book, Linked In and Twitter on a consistent basis.

# **Becky Dorner & Associates Publications**BOOKS, MANUALS, SELF-STUDY CPEU PROGRAMS

- End of Life Nutrition and Hydration, 2017. In press. (CPEU self-study program).
- \* MNT Made Easy for Health Care Communities, 2015, 2013. (CPEU self-study program).
- \* Making Mealtime Magic: with person centered dining, 2014. (In Press, 2017.) (CPEU self-study program).
- The Complete Guide to Nutrition Care for Pressure Ulcer Prevention and Treatment, 2015, 2012, 2005 (formerly MNT for Pressure Ulcers). (CPEU self-study program 2005, 2006, 2012, 2015).
- \* Emergency/Disaster Plan for Food and Dining Services. 2015, 2005, 2001, 1999 (formerly Dietary Disaster Plan). (CPEU self-study program 2005, 2006, 2008, 2015).
- \* Diet and Nutrition Care Manual: A Comprehensive Nutrition Care Guide, 2016, 2014. Diet Manual: Comprehensive Edition: 2011, 2008, 2006, 2004, 2002. Also has an additional CPEU self-study program (2003, 2008, 2011, 2014, 2016).
- \* Diet and Nutrition Care Manual: A Simplified Nutrition Care Guide, 2016, 2014. Diet Manual: Simplified Edition, 2011, 2008, 2006, 2004, 2002, 2001, 2000.
- \* Policy and Procedure Manual for Nursing Homes, 2017 in press. 2013, 2010, 2008, 2005, 2000, 1999, 1995, 1990. Also has an additional CPEU self-study program (from 2003, 2008, 2010, 2013).
- Enteral Nutrition for Older Adults: Comprehensive Nutrition Assessment and Intervention. 2012. (CPEU self-study program).
- \* The Obesity Challenge: Weight management for adults and older adults, CPEU Self-study book, copy ready educational materials, 2015, 2012, 2008. (CPEU self-study program).
- \* Seasonal Cycle Menus and Recipes for fall, winter and spring/summer, since 1983 (continuous revisions through present).

- \* Simplified Menus for Nursing Homes, Assisted Living Facilities, Group Homes, 2015-present on Simplified Nutrition Online (SNO) cloud software. Includes emergency menus, holiday menus, recipes, nutrition and cost analysis.
- Nursing homes (simplified and traditional diets), 1983 (continuous revisions through 2013).
- \* Group homes (simplified diets), 1988 (continuous revisions through 2013).
- \* Assisted living facilities (simplified diets, select menus), 1995 (continuous revisions through 2013).
- Select menus (traditional diets, select menus), 1995 (continuous revisions through 2013).
- \* Holiday Menus and Recipes, 2015-present on SNO, 2008, 2003, 2002, 2001, 1999, 1997, 1996.
- \* Finger Food Menus, 2001, 1997, 1996.
- \* Renal Menus, 2015 on SNO, 2003, 1999, 1997, 1996.
- Dietary Forms Book, 2011, 2010, 2006, 1999.
- \* Diet Instructions: Quick and Easy Solutions for Diet Education, 2009, 2003.
- \* Dietary Operations Manual for Assisted Living, 2009, 2002.
- \* Dysphagia Diet Solutions: Person centered care for food, nutrition and dining, 2008, 2002, 1997, 1996, 1992, 1990 (formerly It's Tough to Swallow: Nutrition and Dining for Dysphagia; Dining with Dysphagia, and Puree Pizzazz). (CPEU self-study program from 2003, 2005, 2008).
- \* Unintentional Weight Loss: Preventing and Treating Unintentional Weight Loss in Older Adults, 2008, 2004, 2001, 1998, 1997, 1995, 1993 (previously Healthy Weights: A Practical Approach to Unintentional Weight Loss; Preventing Weight Loss: A Practical Approach to Unintentional Weight Loss; and Diet Plus: A Nutrition Intervention Program for High Risk Residents). Self-study programs 2008, 2004, 2003.
- Mock Survey: Improve Quality and Prevent Citations, 2005, 1999.
- \* HACCP: Keeping Food Safe, 2003.
- \* Nutrition Protocols: Medical Nutrition Protocols for Extended Care, 2001, 1998.
- \* Liberalized Diet Kit: Tools to Implement Simplified Diets, 2001, 2000.

#### **ADDITIONAL SELF-STUDY CPEU PROGRAMS**

\* Implementing Successful and Effective MNT for Hypertension, 2008. Medical Nutrition Therapy for Chronic Kidney Disease, 2008. Moving Up the Ladder: Career Skills for Success, 2006. Failure to Thrive, 2006. End of Life Nutrition, 2006. Nutritional Management for the Older Adult with Diabetes, 2005, 2008. MNT for Diabetes, 2005. Liberalized Diets for Older Adults, 2003. Food Safety and HACCP, 2003.

#### **INSERVICES**

\* Dietary Disaster, 2015, 2008. Nutrition for Pressure Ulcers, 2016, 2015, 2005. Feeding Techniques for LTC, 2004. How to Take Accurate Heights and Weights, 2016, 2015, 2010, 2004. Recording Food and Fluid Intakes, 2016, 2004. Food/Fluid Preparations for Dysphagia, 2004. All Star Dining/Making Mealtime Magic, 2017, 2015, 2003. Understanding Special Diets, 2003. Food Safety Made Easy, 2016, 2015, 2009, 2003. Sanitation Solutions, 2017, 2015, 2009, 2003. Team Approach to Weight Loss/Unintended Weight Loss Inservice, 2016, 2015, 2003. Hydration-It's a Splash! Inservice, 2016, 2015, 2009, 2002.

#### **MISCELLANEOUS**

\* Quick Guide for Food Safety, 2004. Quick Guide for Dysphagia, 2004. Quick Guide for Menu Planning, 2004. MNT Made Easy: Copy Ready Forms and Instructions, 2010, 2005, 2002.

## **PUBLIC SPEAKING**

Presented almost 600 educational programs for state/national/international professional meetings in 50 states and 5 countries.

#### INTERNATIONAL PRESENTATIONS

- \* Making Mealtime Magic by Creating a Person-Centered Dining Experience. Complete Purchasing Services Foodservice & Facilities Conference. Mississauga, Ontario, Canada. March 2016.
- \* The Obesity Challenge: Obesity, aging and long term health (3 hour workshop). Dietitians of Canada Gerontology Network. Toronto, Canada, May 2015.
- \* The Power of Nutrition for Pressure Ulcer Prevention and Treatment: Featuring the New 2014 NPUAP/ EPUAP/PPPIA Guidelines. Dietitians of Canada, Alberta Regional Conference Nutrition Support Day, Calgary, Canada via webinar, April 2015.
- \* Unavoidable Outcome: A Pressure Injury Consensus Conference, National Pressure Ulcer Advisory Panel, Johns Hopkins University, Baltimore, MD, February 2014. (Consensus Panel presenter).
- \* One Size Does Not Fit All! Nutrition Solutions for the Frail Elderly and the Obese Individual, William Osler Health System, Brampton Ontario Canada, March 2013.
- \* What's for Dinner? Individualized Nutrition Approaches for Older Adults, The Nestlé Nutrition Institute 3rd International Course on Oropharyngeal Dysphagia, Toronto Canada, June 2012. A program enabling health care professionals from across the world to connect and share science-based practices in dysphagia patient care. Held at the Toronto Rehabilitation Institute (Toronto, Canada).
- \* Just One More Bite: Nutrition and Hydration Care for the End of Life, Weight Loss Solutions for Older Adults, Increasing Your Value/Proving Your Worth, Dietitians of Canada, Winnipeg, Canada, March 1, 2007.

- \* End of Life Nutrition and Hydration, American Overseas Dietetic Association Meeting, Dublin, Ireland, March 2006.
- \* Opportunities for Career Development for Dietitians, Taipei Dietetic Association, Taiwan.
- \* Role of Consulting in LTC in the US, and Round Table Discussion: Improving Nutrition Services in LTC, International Conference on Nutritional Service of Long Term Care, Taipei, Taiwan, July 2005.
- \* It's Tough to Swallow: Nutrition and Dining for Dysphagia, and Building a Competitive Business Edge (and Getting Wow! Results); American Overseas Dietetic Association, Comogli, Italy, March 2003.

## **NATIONAL PRESENTATIONS**

- \* Bananas and Granola Bars: Solutions for Prevention/Treatment of Malnutrition to Prevent/Treat Pressure Ulcers. Wild on Wounds Conference, Las Vegas, NV. September, 2016.
- \* The Obesity Challenge: Obesity, Aging and Long Term Health Care. Today's Dietitian Symposium, Orlando, FL. May 2016.
- \* Malnutrition as a Precursor to Pressure Ulcers: Solutions for prevention and treatment. Becky Dorner & Associates, Inc. webinar. November, 2015.
- \* Support to Accelerate Pressure Ulcer Healing. Dietetics in Health Care Communities pre-FNCE conference. Nashville, TN, October 2015.
- \* When You Wish Upon a Star: 10 Proven Strategies You Can Use to Turn Your Career Dreams into Reality and
- \* Healthy, Happy, Hundred: Healthy Aging Strategies for Boomers and Beyond. Today's Dietitian Symposium, Las Vegas, May 2015.
- \* The Power of Nutrition for Pressure Ulcer Prevention and Treatment: Featuring the New 2014 NPUAP/ EPUAP/PPPIA Guidelines. Becky Dorner & Associates, Inc. webinar. March 2015.
- \* Academy of Nutrition and Dietetics Panel: Council on Future Practice update. NDEP Region 1 Meeting, Pacific Grove, CA, March 2015.
- \* Inspirational Leadership: Create a dramatic impact in areas that are important for success and fulfillment in your life and career; Bananas and Granola Bars: Nutrition interventions for common diseases and conditions in older adults. Today's Dietitian Symposium, Las Vegas, May 2014.
- \* E-Professionalism: Managing Ethical and Legal Aspects of Your Practice, in conjunction with the Academy of Nutrition and Dietetics Ethics Committee, Academy FNCE, Houston TX, October 2013.
- \* The Obesity Challenge: Aging, obesity and long term health webinar, Control Your Food and Labor Costs Now! Start saving thousands without sacrificing quality webinar, hosted by Inquisit, July 2013.
- \* Making Mealtime Magic: with person-centered dining webinar, Becky Dorner & Associates Inc., January 2013.
- \* Failure to Thrive in Older Adults: Nutrition and activity related interventions webinar, Becky Dorner & Associates Inc., November 2012.
- \* Naso-Gastric Tubes (F322 Feeding Tubes): Interpretive Guidance, Investigative Protocol webinar, Becky Dorner & Associates Inc., November 2012.
- \* Enteral Nutrition for Older Adults webinar, Becky Dorner & Associates Inc., July 2012.
- \* Cost Control Webinar Course: Cut Your Food and Labor Costs Now! Start saving thousands without sacrificing quality, Becky Dorner & Associates, Inc., one webinar/month in February, March, April, May and June 2012.
- \* Webinar, One Size Does Not Fit All! Nutrition Solutions for the Frail Elderly and the Obese Individual, National Pressure Ulcer Advisory Panel, January 2012.
- \* The Obesity Challenge: Aging, obesity and long term health care webinar, Becky Dorner & Associates, Inc., November, 2011.
- \* One Size Does NOT Fit All! Nutrition Solutions for Pressure Ulcers from The Frail Older Adult to the Obese Individual webinar, Becky Dorner & Associates, Inc., October 18, 2011.
- \* One Size Does Not Fit All! Nutrition Solutions for the Frail Elderly and the Obese Individual, Clinical Symposium on Advances in Skin & Wound Care Conference, National Harbor, MD, September, 2011.
- \* Who Turned out the Lights?! Disaster Planning for Dining Services webinar, Becky Dorner & Associates, Inc., August 10, 2011.
- \* What's for Dinner? Individualized Nutrition Care for Older Adults in Health Care Facilities webinar, Becky Dorner & Associates, Inc., May 17, 2011.
- \* Unintended Weight Loss and Nutritional Care of the Obese Individual, National Pressure Ulcer Advisory Panel Biennial Conference, Las Vegas, Nevada, February 2011.
- \* Obesity Challenge: Obesity, Aging and Long Term Health Care webinar, Becky Dorner & Associates, Inc., November 16, 2010.
- \* Let's Do Lunch: Implementing Creative Person-Centered Dining Programs webinar, Becky Dorner & Associates, Inc., August 11, 2010.
- \* Under Pressure! Nutrition Solutions for Pressure Ulcers webinar, National program for all state QIOs, July 21, 2010.
- \* Under Pressure! Nutrition Solutions for Pressure Ulcers webinar, Becky Dorner & Associates, Inc., June 17, 2010.
- \* Under Pressure! Nutrition Solutions for Pressure Ulcers webinar. Inquisit Teleseminar. June 16. 2010.

- \* Under Pressure! Nutrition Solutions for Pressure Ulcers webinar, TMF Health Quality Institute, February, 2010.
- \* Nutrition Solutions for Pressure Ulcers webinar, Quantia Communications Inc., December 2009.
- \* Entrepreneurship: Six Figure Success or Simply Surviving? ADA FNCE, Denver, CO, October 2009.
- \* How to Get to the Top of Your Field, Feed Your Career webinar, September, 2009.
- \* Let's Do Lunch: How to Implement Creative Person Centered Dining Programs, Becky Dorner & Associates, Inc. webinar, July 2009.
- \* Under Pressure! Nutrition Solutions for Pressure Ulcers, Becky Dorner & Associates, Inc. webinar, June 2009.
- \* How Can Documentation Improve the Care of Patients with Pressure Ulcers? National Pressure Ulcer Advisory Panel Biennial Conference, Arlington, VA, February 2009.
- \* Control Your Food Costs Instead of Your Costs Controlling You, Becky Dorner & Associates teleseminar, December 2008.
- \* You Want Me to Eat That?! Short Course on Nutrition Care for Older Adults, American Speech and Hearing Association, Chicago, IL, November 2008.
- \* Pressure Relief: Cutting Edge Information Incorporating Nutrition for Pressure Ulcer Care, Advances in Skin & Wound Care Conference, Las Vegas, NV, October, 2008.
- \* Pressure Relief: Cutting Edge Information and Solutions for Pressure Ulcers, Audio Conference.com teleseminar, August 2008.
- \* Pressure Relief: Cutting Edge Information and Solutions for Pressure Ulcers, Morrison Food Service Management, February 2008 (>550 participants).
- \* End of Life Nutrition and Hydration, Direct Supply Food Connections Conference, Milwaukee, Wisconsin, November 2007.
- \* Pressure Relief: Cutting Edge Information and Solutions for Pressure Ulcers, ADA FNCE, Philadelphia, PA, October 2007.
- Nutrition and Hydration Solutions for Pressure Ulcers, WOW Conference, Baltimore, MD, September 2007.
- \* Documenting Defensively, NPUAP Advisory Panel Biennial Consensus Conference, February 2007.
- \* Nutrition for Dysphagia, American Heath Care Association, San Antonio, TX, October 2006.
- \* Careers in Dietetics Panel and Nutrition Entrepreneurs Facilitator for NE Speakers Specialty Group, ADA FNCE, Honolulu, HI, September 2006.
- \* Wise Up to Wellness and Career Skills for Success, Dietary Managers Association, Milwaukee, WI, July 2006.
- \* Nutrition Entrepreneurs Facilitator for NE Speakers Specialty Group, ADA FNCE, St. Louis, MO, October 2005.
- \* MNT for Pressure Ulcers teleseminar, Becky Dorner & Associates, September 2005.
- \* Food Service Savvy: Showcase Your Talents, Dietary Manager Assoc., Washington, DC, July 2005.
- \* Nutrition and Dining for Dysphagia teleseminar, Becky Dorner & Associates, June, 2005.
- \* MNT for Pressure Ulcers teleseminar, Becky Dorner & Associates, May, 2005.
- NPUAP Biannual Consensus Conference, Facilitator for Consensus Discussions, Tampa, FL, February 2005.
- \* Nutrition and Dining for Dementia, Center for Excellence in Assisted Living, Washington, DC, December 2004 (first annual conference).
- \* Hydration Solutions for the Dysphagia Patient, DPM&R, a dietetic practice group of the ADA; Customer Satisfaction, ADA House of Delegates; Nutrition Entrepreneurs, Nutrition Entrepreneurs Facilitator for NE Speakers Specialty Group, ADA FNCE, Anaheim, CA, October, 2004.
- \* Customer Satisfaction: Creating a Demand for our Services, Dietary Managers Association, Reno, NV, July 2004.
- \* Customer Satisfaction: Creating a Demand for our Services (Panel presentation), and NE Speaker's Specialty Group Meeting Facilitator, ADA FNCE, San Antonio, TX, October 2003.
- \* Live Your Dreams of Consulting, MNT for Pressure Ulcers, Dietary Manager's Association (DMA), Orlando, FL, July 2003.
- \* The National Dysphagia Diet, National CD-HCF Seminar, Tampa, FL, June 2003.
- \* The National Dysphagia Diet; RD Council (National Corporate Dietitians from Large Long Term Care Chains), Baltimore, MD, June 2003.
- \* Nutrition Entrepreneurs Regional Workshop, Roundtable Discussion on Advanced Marketing Skills, Individual Coaching Sessions, Coordinator of Entire Workshop, Las Vegas, NV, April 2003.
- \* Open Space Technology Food & Nutrition Management and Consultation & Business Practices, Open Forum Facilitator; Nutrition Entrepreneurs, Roundtable Facilitator on Public Speaking; and Facilitator for Speaker's Subunit Meeting, ADA FNCE, Philadelphia PA, October 2002.
- \* Holding the Winning Hand and Increasing Your Value, DMA Annual Meeting, Norfolk VA, July 2002.
- \* Mega Marketing: Skills for Success, Dietary Managers Association Program Directors Meeting, ADA FNCE, St. Louis MO, October 2001.
- \* State of the Market-Health Care 2001 and Energize Your Life, (Opening and closing keynote presentations) National Nugget/Nutri-Gold Conference, Phoenix, AZ, September 2001.
- \* It's Tough to Swallow: Dysphagia Causes and Treatments, and Team Nutrition (presented twice), DMA Annual Meeting and Expo, New Orleans, LA, July 2001.

- \* Enhanced Foods for Nutrition and Hydration in LTC, Nestle Clinical Nutrition, Corporate Headquarters, Chicago, IL, May 2001.
- \* Team Nutrition, Assisted Living Federation of America, Annual Nursing Convention, Cincinnati, OH, May 2001.
- \* Health Care Financing Administration (HCFA now Center for Medicare/Medicaid Services or CMS) Teleconference on Nutrition and Hydration in Long Term Care. Panel member and presenter, August 2000 (broadcast to all long term care surveyors in the U.S.).
- \* Planned, organized, and moderated the CD-HCF Pre-Convention Seminar, "Strategies for Success: Business, Practice and Beyond" at the 2000 ADA FNCE.
- \* The Business of Dietetics (general session). ADA FNCE, 2000.
- \* Getting It All Done, Crandall & Associates, Mesa, AZ, June 2000.
- Enhancing the Dining Experience, National Restorative Caregiver's Conference, Las Vegas, NV, March 2000.
- \* Cost Is King and When Mrs. Smith Won't Eat, Dietary Managers Association Annual Meeting, San Francisco, CA, July 1999.
- Nutrition 2000 The Future of Health Care, Dietary Managers' Annual Meeting, Nashville, TN, July 1998.
- \* Developing Effective Interdisciplinary Teams, 1997 National Case Mix Reimbursement & Quality Assurance Conference, Cleveland, Ohio, Sept 1997.
- \* Memories are Made Of and The Pressure Zone, DMA Meeting, Orlando, FL, July 1997.

## **NATIONAL WEBINAR AND TELESEMINAR HOST**

\* Host for more than 140 CEU webinars and teleseminars since 2005. Past programs for RDNs, NDTRs, RNs, SLPs, PTs. Topics have included clinical nutrition, regulations, general nutrition, food service, business, etc. Listeners include health care professionals from the US, Canada and Australia.

# STATE ACADEMY OF NUTRITION AND DIETETICS (AND), STATE DIETETIC ASSOCIATIONS (DA) AND STATE DIETETICS IN HEALTH CARE COMMUNITIES PRESENTATIONS (FORMERLY CD-HCF)

- \* The Obesity Challenge: Obesity, Aging and Long Term Health Care and Malnutrition as a Precursor to Pressure Ulcers. Oklahoma Consultant Dietitians, Oklahoma City, OK. September 2016.
- \* The Obesity Challenge: Aging, obesity and long term health care and Making Mealtime Magic with person centered dining. Indiana DHCC, Anderson, IN. August, 2016.
- \* The Power of Nutrition for Pressure Ulcer Prevention and Treatment: Featuring the New 2014 NPUAP/ EPUAP/PPPIA Guidelines and Inspirational Leadership: Create a dramatic impact in areas that are important for success and fulfillment in your life and career. Maryland AND, Baltimore, MD, April 2015.
- \* The Power of Nutrition for Pressure Ulcer Prevention and Unintended Weight Loss in Older Adults. Massachusetts DHCC, Brochton, MA, May 2015.
- \* Inspirational Leadership and Nutrition Solutions for Pressure Ulcers in Frail Older Adults, Minneapolis, Minnesota DHCC, September 2014.
- \* Nutrition and Dietetics Educators of Practitioners (NDEP) Area 3 and 4 Regional Meeting, Salt Lake City, UT. April 2014. (Representing the Academy of Nutrition and Dietetics Board of Directors).
- \* Academy Update: Top 10 Factors Impacting Your Career, Mississippi Academy of Nutrition and Dietetics Annual Meeting, Biloxi, MS, April 2014.
- \* The Obesity Challenge: Aging, obesity and long term health, Medicare Reductions and the Future of Health Care: How Medicare reductions may affect food and nutrition services (via webinar due to flight cancellations), WAND conference, Stevens Point, WI, April 2013.
- \* One Size Does Not Fit All: Nutrition solutions for pressure ulcers from the frail older adult to the obese individual and What's for Dinner? Individualized diets for older adults, WA DHCC, Wenatchee, WA, October 2011.
- \* One Size Does Not Fit All: Nutrition solutions for pressure ulcers from the frail older adult to the obese individual and What's for Dinner? Individualized diets for older adults, OR DHCC, Portland, OR, October 2011.
- Nutrition Solutions for Pressure Ulcers, and The Obesity Challenge: Aging, obesity and long term health care, Texas DHCC, Dallas, Texas, September 2010.
- \* Nutrition Solutions for Pressure Ulcers: Evidence based guidelines for prevention and treatment; and the Obesity Challenge, West Virginia DA Annual Meeting, Morgantown, WV, May 2009.
- \* Food Safety Made Easy; Newsflash: Hot Topics in Nutrition and LTC; and Stretch Your Food Service Dollars, Wisconsin Dietetic Association, April, 2009.
- \* F325 Nutrition: New Regulations and Solutions for Unintentional Weight Loss and F371 Sanitary Conditions: New Regulations and Solutions for Food Safety and Sanitation, Maryland CD-HCF, Baltimore, MD, November, 2008.
- \* Hot Topics in Long Term Care teleseminar, MN Dietetic Association, February 2008.
- \* MNT for Pressure Ulcers, Cost is King, Culture Change is Here: Are you ready? OK CD-HCF, November 2007.
- \* Culture Change, Weight Loss Solutions, PES Charting Panel, MN CD-HCF, Minneapolis, MN, May 2007.
- \* Weight Loss Solutions and Increasing Your Value, AZ CD-HCF, Mesa, AZ, November 2006.
- \* Newsflash, MNT for Pressure Ulcers, Dietary Disaster Planning and Culture Change is Here: Are you Ready? Bozeman, Montana, May 2008.

- \* Failure to Thrive in Older Adults, Albany, NY, May 2008.
- \* The Obesity Challenge (keynote) and MNT for Pressure Ulcers, Omaha, NE, April 2008.
- \* MNT for Pressure Ulcers, Nutrition and Hydration Solutions for Dysphagia, Richmond, VA, March 2008.
- \* MNT for Pressure Ulcers, Cost is King, Culture Change is Here: Are you ready? OK CD-HCF, November 2007.
- \* Culture Change, Weight Loss Solutions, PES Charting Panel, MN CD-HCF, Minneapolis, MN, May 2007.
- \* Weight Loss Solutions and Increasing Your Value, AZ CD-HCF, Mesa, AZ, November 2006.
- \* Preventing Unintentional Weight Loss in Older Adults, Nutrition and Hydration Solutions for Pressure Ulcers, Pinellas and Tampa Dietetic Association Symposium, Tampa, FL, Feb 2007.
- \* Who Turned Out the Lights?, Dietary Disaster Planning, and MNT for Pressure Ulcers, Alaska DA, Anchorage, AK, May 2006.
- \* Nutrition and Hydration Solutions for Pressure Ulcers and Just One More Bite: Nutrition and Hydration at End of Life, MNT for Diabetes, Arkansas CD-HCF, Little Rock, AR, November 2005.
- \* MNT for Pressure Ulcers, End of Life Nutrition and Hydration, and Creating Demands for Our Services: Customer Satisfaction is Key, PA CD-HCF, Cranberry, PA, September 2005.
- \* MNT for Pressure Ulcers and Power in the Process. South Dakota DA, Rapid City, SD, September 2005.
- \* All Star Dining: Enhancing the Dining Experience, Ohio DA, Columbus, OH April 2005.
- \* Getting It All Done: Time Management, Ohio CD-HCF, Columbus, OH, November 2004.
- \* Nutrition for Dementia Care, End of life Nutrition and Hydration, Montana DA, Missoula, MT, May 2004.
- \* It's Tough to Swallow: Nutrition and Dining for Dysphagia, Montana DA, Missoula, MT, May 2003.
- \* What's the Buzz in Nutrition Care for LTC, Florida DA, Ft Lauderdale FL, July 2002.
- \* Mega Marketing Skills for Success, Florida CD-HCF, Key Largo Bay, FL, May 2002.
- \* Team Nutrition; Increasing Your Value, Proving Your Worth, Vermont DA, Montpelier, VT, May 2002.
- \* Failure to Thrive in Older Adults: Nutrition and activity related interventions and The Obesity Challenge: Aging, obesity and long term health care, NC DHCC, Charlotte, NC, November 2001.
- \* Increasing Your Value/Proving Your Worth, Cost is King and I'm Holding the Joker, and What's the Buzz in Nutrition Care? New Hampshire CD-HCF, Manchester, NH, October 2001.
- \* Improving Outcomes: Nutrition and Wound Healing, and Power in the Process: Strategies to Handle the Survey Process and Avoid Negative Outcomes, Virginia CD-HCF, Richmond, VA, May 2001.
- \* Health Care 2000+: Skills for Success and Team Nutrition, Iowa CD-HCF, Des Moines, IA, April 2001.
- \* From Professional to Entrepreneur and Energizing Your Life, Idaho DA, Lewiston, Idaho, April 2001.
- \* Enhancing the Dining Experience, Wisconsin DA, Appleton, WI, April 2001.
- \* Health Care 2000+--Skills for Success in the Future, Indiana DA, Indianapolis, IN, April 2001.
- \* Cost is King...and I'm Holding the Joker, Texas DA, Houston, TX, April 2001.
- \* Health Care 2000+, and Cost Is King, Illinois CD-HCF, Chicago, IL, June 2000.
- \* Team Nutrition and Cost Is King, Connecticut CD-HCF, Cromwell, CT, April 2000.
- \* From Professional to Entrepreneur, Nevada DA, Las Vegas, NV, April 2000.
- \* Team Nutrition and Getting It All Done, Kansas CD-HCF, Topeka, KS, March 2000.
- \* Professional Solutions in Long Term Care, Alabama CD-HCF, Montgomery, AL, July 1999.
- \* Nutrition 2000, Career Savvy, NY DA Annual Meeting, Rochester, NY, April 1999.
- Cost Is King...and I'm Holding the Joker, Kentucky DA, Lexington, KY, April 1999.
- Setting and Achieving Career Goals, Indiana CD-HCF, November 1996.
- \* Creativity Makes Inservices Memorable, West Virginia CD-HCF Annual Meeting, 1995.

# STATE HEALTH CARE ASSOCIATION (HCA) MEETINGS, STATE ASSOCIATION FOR HOUSING AND SERVICES OF THE AGING (AHSA) MEETINGS, AND STATE ASSISTED LIVING ASSOCIATION (ALA) PRESENTATIONS

- \* Malnutrition as a Precursor to Pressure Ulcers and Making Mealtime Magic with Person-Centered Dining. North Dakota LTC Association, Bismark, ND. April 2016.
- \* Malnutrition as a Precursor to Pressure Ulcers and Menu Planning: Balancing regulations, guidelines, individualization and person centered dining. (Each 90 minute program was presented twice). SD Health Care Association, Sioux Falls, SD. April 2016.
- \* Making Mealtime Magic with Person-Centered Dining, Dysphagia Diet Solutions, Malnutrition as a Precursor to Pressure Ulcers (2.5 to 3.25 hour workshops). Montana Health Care Association, Bozeman, Montana. April 2016.
- \* Nutrition Guidelines for Pressure Ulcer Prevention and Treatment and Making Mealtime Magic with Person Centered Dining. Arkansas Health Care Association, Hot Springs, Arkansas. April 2015.
- \* Dysphagia Diet Solutions: Person-centered care for food, nutrition and dining, Unintended Weight Loss in Older Adults: Evidence-based and person-centered solutions for prevention and treatment, and Cut Your Food and Labor Costs Now: Start saving thousands without sacrificing quality, Life Services Network of Illinois, Chicago, IL. May 2013.
- \* Failure to Thrive in Older Adults: Nutrition and activity related interventions, Obesity Challenge: Aging, obesity and long term health care, and Cut Your Food and Labor Costs Now: Start saving thousands without sacrificing quality, Idaho HCA and Idaho Center for Assisted Living, Boise, Idaho, July 2013.

- \* What's for Dinner? Individualized Nutrition Care for Older Adults in Health Care Facilities (via webinar due to flight cancellations), South Dakota HCA, Sioux Falls, SD. April 2013.
- \* Failure to Thrive in Older Adults: Nutrition and activity related interventions, and Who Turned out the Lights: Disaster planning for dining services, Bismarck, ND HCA, May 2012.
- \* Dining Services Disaster Planning, and What's for Dinner? Individualized Nutrition Care for Older Adults in Health Care Facilities, MO HCA, Lake of the Ozarks, MO. July 2011.
- \* What's for Dinner? Individualized Nutrition Care for Older Adults in Health Care Facilities, Ohio HCA Annual Meeting, Columbus, OH, May 3, 2011.
- \* Nutrition Update for Assisted Living Facilities, Ohio HCA Annual Meeting, Columbus, OH, May 5, 2011.
- \* Let's Do Lunch: Implementing Creative Person Centered Dining Programs, and Cut Your Food and Labor Costs Now!, NC ALA, Raleigh, NC, October 2010.
- \* Let's Do Lunch: Implementing Creative Person Centered Dining Programs Workshop, Cut Your Food and Labor Cost Now! And The Obesity Challenge: Obesity, Aging and Long Term Health Care, Saratoga Springs, NY, October 2010.
- \* Obesity Challenge: Obesity, Aging and Long Term Health Care, Ohio HCA Dietary Conference, Columbus, OH, August 2010.
- \* Stretching Your Food Service Dollars: Top 5 cost control guidelines; and The Obesity Challenge: Obesity, aging and long term health care, Wisconsin AHSA, LaCrosse, WI, May 2010.
- Nutrition Solutions for Pressure Ulcers, Dietary Disaster Planning, Let's Do Lunch! How to Implement Creative Person Centered Dining Programs, Oklahoma AHSA, Norman, OK, April 2010.
- \* Who Turned Out the Lights? Dining Services Disaster Planning: Let's Do Lunch! How to Implement Creative Person Centered Dining Programs; and Stretch Your Food Service Dollars: Top 5 cost control guidelines, Illinois Life Services Network, Chicago, IL, March 2010.
- \* Let's Do Lunch Workshop! How to Implement Creative Person Centered Dining Programs, Maine HCA, Portland, ME, October 2009.
- \* Nutrition Solutions for Pressure Ulcers, SDHCA Fall Conference, Sioux Falls, SD, September 2009.
- \* F325 Nutrition: New Regulations and Solutions for Unintentional Weight Loss and F371 Sanitary Conditions: New Regulations and Solutions for Food Safety and Sanitation; and Let's Do Lunch! How to Implement Creative Person Centered Dining Programs, West Virginia HCA, Charleston, WV, May 2009.
- \* Let's Do Lunch! How to Implement Creative Person Centered Dining Programs; and Energize Your Life! Nebraska HCA, Kearney, NE, April 2009.
- \* NPUAP International Guidelines on Pressure Ulcer Prevention and Treatment: Emphasis on Nutrition, Ohio HCA Spring Convention, Columbus, OH, April 2009.
- \* Stretch Your Food Service Dollar; Let's Do Lunch: Implementing Creative Person Centered Dining Programs, West Virginia HCA Spring Convention, Charleston, WV, April 2009.
- \* Manage Food Costs and Maintain Quality A Must for 2009 webinar, Life Care Services Network, Chicago, IL, February 2009.
- \* Survey Solutions: Nutrition, Safe Food Handling and Survey Readiness, Full Day Seminars on F325 Nutrition: New Regulations and Solutions for Unintentional Weight Loss and F371 Sanitary Conditions: New Regulations and Solutions for Food Safety and Sanitation, Tennessee HCA, Jackson and Nashville, TN, October, 2008.
- \* Who Turned out the Lights? Dietary Disaster Planning, Food Safety Made Easy, and Culture Change is Here: Are you ready? Arkansas HCA, Little Rock, AR, July 2008.
- \* Cutting Edge Information and Solutions for Pressure Ulcers and The Obesity Challenge: Aging, Obesity and Long Term Care, West Virginia HCA, Charleston, WV, May 2008.
- Cutting Edge Information and Solutions for Pressure Ulcers, Ohio HCA, May 2008.
- \* End of Life Nutrition and Hydration, Pressure Relief: Cutting Edge Information and Solutions for Pressure Ulcers, Culture Change and Resident Centered Dining, Mississippi HCA, February 2008.
- \* Culture Change is Here: Are you ready?, Full day workshop, Sioux Falls, SD, June 2007.
- \* MNT for C-Diff, Nutrition and Hydration Solutions for Pressure Ulcers, Ohio HCA, Columbus, OH, May 2007.
- \* Menu Planning, Dietary Disaster Planning, Nutrition Solutions for the Older Diabetic, Cost is King, Life Services of Illinois, Chicago, IL, March 2007.
- Dignified Dining...from making meals delightful to special diets, Ohio HCA, Columbus, OH, December 2006.
- \* End of Life Nutrition and Hydration teleseminar, AOPHA and Becky Dorner & Associates, November 2006.
- \* Newsflash: Hot Topics in LTC Nutrition and Food Safety Made Easy, Albuquerque, NM, August 2006.
- Nutrition for Dementia, Cost Control, Time Management, and Energize Your Life, Jackson, MS, May 2006.
- \* Newsflash: Hot Topics in LTC Nutrition, Ohio HCA, Columbus, OH, April 2006.
- \* MNT for Pressure Ulcers, Oklahoma AHSA, Oklahoma City, OK, March 2006.
- \* Nutrition Management of the Older Diabetic teleseminar, AOPHA and Becky Dorner & Associates, January 2006.
- \* Newsflash: Hot Topics in Nutrition and Food Service, AOPHA Annual Meeting, Columbus, OH, September 2005.

- \* Nutrition and Hydration Solutions for Pressure Ulcers teleseminar, AOPHA, August, 2005.
- \* Newsflash: Hot Topics in LTC Nutrition, Sioux Falls, SD, June 2005.
- \* It's Tough to Swallow, Food Guide Pyramid and US Dietary Guidelines and Hot Topics in LTC, MNT for Diabetes in LTC, South Dakota HCA June 2005.
- \* MNT for Pressure Ulcers, Ohio HCA, Columbus, OH, April 2005.
- \* Healthy Weights: Solutions for Quality Care, SDHCA, SD April 2004.
- \* Weight Loss: Whose Responsibility Is It?, Osage Beach, MO, August 2004.
- \* Creating a Demand for Our Services; Customer Satisfaction, Ohio HCA, Columbus, OH, May 2004.
- \* Healthy Weights: Solutions for Excellent Care, Sioux Falls, SD, April 2004.
- \* Food Safety Made Easy, All Star Dining: Improving Nutrition and Hydration, and Creating Customer Satisfaction: A Proactive Approach, Lincoln, NE, October 2003.
- \* End of Life Nutrition and Hydration, Ohio HCA, Columbus, OH, August 2003.
- \* Diet and Dementia Dilemmas, Ohio HCA, Columbus, OH, June 2003.
- \* Can Get Something to Eat?; Bismarck, ND, April 2003.
- \* Can You Hear Me Now? (Nursing and Dietary Communications), and What's the Buzz in Nutrition Care? Helena, MT, March 2003.
- \* What's the Buzz?; End of Life Nutrition, AOPHA Insights into Excellence, Columbus, OH, March 2003.
- \* Prevention and Treatment of Pressure Ulcers, What's the Buzz in Nutrition Care? and Do You Know Where I
- \* Pressure Ulcers, What's the Buzz in Nutrition Care?, Do you Know Where I Can Get Something to Eat?, North Dakota HCA, Bismarck, ND, May 2003.
- \* Can You Tell Me Where I Can Get Something to Eat? (Nutrition and Dementia), Ohio HCA Activity Professionals Conference, Columbus, OH, February 2003.
- \* What's the Buzz in Nutrition Care and Team Nutrition, Virginia HCA, Richmond, VA, January 2003.
- \* It's Tough to Swallow: Nutrition and Dining for Dysphagia, Georgia HCA, Atlanta, GA, January 2003.
- \* What's the Buzz in Nutrition Care?; Team Nutrition, Virginia HCA, Richmond VA January 2003.
- \* Food Safety Made Easy and Pressure Ulcers: Nutrition Care and Documentation; New Mexico HCA Fall Conference, Las Cruces, NM, November 2002.
- \* Team Nutrition, Missouri HCA, Osage Beach, Missouri, August 2002.
- \* Pain Assessment and Management-Dietary and Nursing Perspective, It's Tough to Swallow: Dysphagia Causes and Treatment, South Dakota HCA, Sioux Falls, SD, June 2002.
- \* Dietary Costs Out of Control? Take a Closer Look at Labor Costs, Ohio HCA, Columbus, OH, May 2002.
- \* Weight Loss: Whose Responsibility is it Anyway?! and Pressure Ulcers: Nutritional Care and Documentation, Life Services of Illinois, Navy Pier, IL, April 2002.
- \* What's the Buzz: What Nurses Need to Know, AOPHA Conference, Akron, OH, September 2001.
- \* Eggs-actly What Do the New Food Service Regulations Mean?! Ohio ALA, Columbus, OH, June 2001.
- \* Dispelling Menu Myths, Consultants: Are they Worth Their Weight in Gold?, Weight Loss—Whose Responsibility is it Anyway?, What's the Buzz in Nutrition Care for Older Adults?, South Dakota HCA, Sioux Falls, SD, June 2001.
- \* Power in the Process, Nutrition and Dementia, Food Safety Made Easy, The Customer is Always Right...Right? and Enhancing the Dining Experience, Michigan AHSA, Grand Rapids, MI, May 2001.
- \* Diet by Design Part I, Diet by Design Part II, Cost is King, MHA: An Association of Montana Health Care Providers, Helena, MT, April, 2001.
- \* Power in the Process and the Customer is Always Right ... Right? Oregon HCA, Portland, OR, September 2000
- \* Food Safety Made Easy, South Dakota HCA, Sioux Falls, SD, June 2000.
- \* Team Nutrition, Louisiana AHSA, Baton Rouge, LA, June 2000.
- \* Team Nutrition, Iowa Association of Homes & Services for the Aging, Ames, IA, May 2000.
- \* Nutrition Risk Teams and 5 Star Dining, South Dakota HCA, Sioux Falls, SD, April 2000.
- \* Team Nutrition: Parts I, II, III, Minnesota Health & Housing Alliance, Minneapolis, MN, February 2000.
- \* Do You Know Where I Can Get Something To Eat?, Ohio HCA, Columbus, OH, November 1999.
- \* Revised Long-Term Care Survey Process and Interpretive Guidelines, AOPHA Geriatric Nursing Conference, Columbus, OH, September 1999.
- \* The Paper Chase, Enhancing the Dining Experience, Indiana HCA, Indianapolis, IN, September 1999.
- \* Getting It All Done, Practical Tools for Weight Loss, Ohio HCA Dietary Conference, Columbus, OH, September 1999.
- \* Team Nutrition, South Dakota HCA Annual Meeting, Sioux Falls, SD, June 1999.
- \* When Mrs. Smith Won't Eat, The Paper Chase and The Customer is Always Right...Right?, North Dakota Long Term Care Association's Annual Convention, Bismarck, ND, May 1999.
- \* When Mrs. Smith Won't Eat and The Pressure Zone, Arizona HCA Meeting, April 1999.
- \* Power in the Process and Don't Let Food Costs Eat Up Your Profits, Illinois HCA Annual Convention, September 1998.

- \* When Mrs. Smith Won't Eat and Make Magic with Nutrition Therapy for Pressure Sores, Care Providers of Minnesota Convention and Exposition, September 1998.
- \* When Mrs. Smith Won't Eat, Cost is King, and Practical Application of a HACCP System, Kansas Association of Homes and Services for the Aging, Aging Research Institute, Food Service Managers Workshop, Topeka, KS, July 1998 and Salinas, KS, August 1998.
- \* Nutrition 2000, The Pressure Zone, and The Paper Chase, New Mexico HCA 1998 Annual Convention and Trade Show, August 1998.
- \* Cost is King, Ohio HCA Annual Convention, Columbus, OH, May 1998.
- \* Advanced Time Management, The Paper Chase and Enhancing the Dining Experience, South Dakota Healthcare Association Annual Spring Institute, Sioux Falls, SD, April 1998.
- \* Enhancing the Dining Experience; and Cost is King and I'm Holding the Joker, Kansas HCA, Kearney, NE, April, 1998.
- \* The Paper Chase, Association of Ohio Philanthropic Homes for the Aged, Cleveland, OH, September 1997.
- \* Power in the Process, When Mrs. Smith Won't Eat, and Enhancing the Dining Experience, Montana HCA Annual Convention, Billings, Montana, September 1997.
- \* Charting your Pathway to Success, Ohio HCA Convention, Columbus, Ohio, May 1997.
- Dysphagia, Illinois Nursing Home Administrators Annual Meeting, Springfield, IL, March 1997.
- \* Enhancing the Dining Experience, Ohio HCA Season Ticket Offering, February 1997.
- \* Advance Directives and Nutrition, Ohio HCA Nursing Conference, September 1996.
- No More Breakdown Nutrition Therapy for Pressure Sores, Ohio HCA Spring Convention, Columbus, OH, 1995.
- \* Diet Plus, Association of Ohio Philanthropic Homes for the Aged, Spring Convention, Cincinnati, 1995.

## STATE ASSOCIATION OF NUTRITION AND FOOD SERVICE PROFESSIONALS (FORMERLY DIETARY MANAGER ASSOCIATION) MEETINGS

- \* The Obesity Challenge: Obesity, Improving Overall Health; How to Make Yourself Invaluable; and Energize Your Life!, Maine DMA Spring Meeting, Portland, Maine, April 2009.
- \* Regulatory Update: F325 and 371; and Culture Change: How to Implement Creative Person Centered Dining, Great Falls, MDMA Spring Conference, Montana, April 2009.
- \* Culture Change is Here: Are you ready? And Nutrition and Dementia, West Virginia DMA, Morgantown, WV, May 2008.
- \* Challenges of Being a CDM, Increasing Your Value/Proving Your Worth, Wise Up to Wellness, Energize Your Life, Maine DMA, June 2007.
- \* Culture Change is Here: Are You Ready?, Cleveland, OH, October 2006.
- \* Alternative Care Philosophy: Culture Change; Getting it All Done: Power in the Process; Who turned out the Lights, Portland, ME May 2006.
- \* Weight Loss Solutions, Customer Satisfaction, and Energize Your Life, Portland ME, March 2005.
- \* Creating Demands for Our Services: Customer Satisfaction is Key, Harrisburg, PA November 2004.
- \* End of Life Nutrition and Hydration, and Pressure Ulcers: Nutrition Care and Documentation, Portland, ME, March 2004.
- \* Enhancing the Dining Experience and Cost is King and I'm Holding the Joker, Franklin, TN, April 2002.
- \* Increasing Your Value, Punta Gorda, FL. April 2002.
- \* Team Nutrition, Spokane, WA, September 2000.
- \* Energize Your Life, Berlin, OH, September 2000.
- \* Setting and Achieving Career Goals, Getting It All Done, and Energize Your Life, Stevens Point, WI, May 2000.
- \* Cost is King, Power in the Process and Career Savvy, Yakima, WA, October 1999.
- Practical Applications of a HACCP System and Diabetic Delights, Pennsylvania DMA, PA, May 1997.
- \* Creative Inservicing, Columbus, OH 1995.

## **MISCELLANEOUS MEETING PRESENTATIONS**

- \* Is Malnutrition a Precursor for Pressure Ulcers? It's all about the intake. Idaho Pressure Ulcer Prevention Coalition, Boise, ID, November 2015.
- \* Bananas and Granola Bars: Nutrition interventions for common diseases and conditions in older adults and food demo. Michigan Fitness Foundation (for SNAP-Ed professionals), Dearborn, MI, March 2015.
- \* One Size Does Not Fit All: Nutrition solutions for pressure ulcers from the frail older adult to the obese individual, McAllen Medical Centers, McAllen, TX, August 2013.
- \* Food First: Supporting the nutritional needs of the older adult through person centered dining and real food choices, Gordon Food Service, Indianapolis, IN, January 2013.
- \* Academy of Nutrition and Dietetics Update: New Name, Same Commitment: Academy of Nutrition and Dietetics, BDAC Staff Seminar, Akron, OH, October 2012.
- \* One Size Does Not Fit All: Nutrition solutions for pressure ulcers from the frail older adult to the obese individual, Northeast Surgical Wound Care, Independence, OH, October 2011.

- \* One Size Does Not Fit All: Nutrition solutions for pressure ulcers from the frail older adult to the obese individual, Regional VA Meeting: VISN 23 SWIM Conference (10 VA Hospitals), Sioux Falls, SD, October 2011.
- \* Long Term Care Updates, BDAC Staff Seminar, Hartville, OH, October 2011.
- \* Career Opportunities in Nutrition and Dietetics, Florida State University dietetics students, September, 2011, Tallahassee, FL.
- \* Who Turned out the Lights?! Disaster Planning for Dining Services; and What's For Dinner? Individualized Nutrition Care for Older Adults in Health Care Facilities, Springfield Grocer, Lake of the Ozarks, MO, July 15, 2011.
- \* Cut Your Food and Labor Costs Now! Start saving thousands with the top 5 cost control guidelines. HPC Foods, Hartford, CT, April, 2011.
- \* Let's Do Lunch! How to Implement Creative Person Centered Dining Programs, Ohio DON Association, Annual Conference, Columbus, OH, March 2010.
- \* Under Pressure! Nutrition Solutions for Pressure Ulcers webinar, Pressure Ulcer Consortium, New Jersey Hospital Association, February 2010.
- \* Dysphagia Diet Solutions: Nutrition and Dining for Dysphagia, Texas Department of Health and Human Services, Austin, TX, November 2009.
- \* Unintentional Weight Loss, BDAC Staff Meeting, November 2009.
- \* Newsflash: Hot topics in long term care nutrition; and Getting it all Done: Top time management tips, Martin Brothers, (Televised to 17 sites in 7 states), Waterloo, IA, August 2009.
- \* New Pressure Ulcer Guidelines; End of Life Nutrition and Hydration Care, BDAC Staff Meeting, June 2009.
- \* Let's Do Lunch Workshop: How to Implement Creative Person Centered Dining Programs, Springfield Grocery Company, Springfield, Missouri, May 2009.
- \* Cost is King...and I'm holding the Joker and Increasing Your Value/Proving Your Worth, WV US Foodservice, Charleston, WV, June 2008.
- \* MNT for Pressure Ulcers and Newsflash: Hot topics in nutrition and LTC, Becky Dorner & Associates, Inc. 25th Anniversary Seminar, Akron, OH, April 2008.
- \* Culture Change is Here: Are you ready? Ohio Academy of Nursing Homes, Columbus, OH, October 2007.
- \* Nutrition Solutions for the Older Diabetic, PharmEd Conference, Cleveland, OH, October 2007.
- \* Resident Centered Dining, Becky Dorner & Associates, Inc. Seminar, Akron, OH, September 2007.
- \* Cost is King...and I'm Holding the Joker, Renzi Brothers Food Service, Alexandria Bay, NY, May 2007.
- \* Pressure Ulcer Update, Ohio Directors of Nursing Association (ODONA), Columbus, OH, February 2007.
- It's Tough to Swallow: Nutrition and Dining for Dysphagia, Arkansas QIO, Little Rock, AR, November 2006.
   Nutrition Care for the Older Diabetic and Cost is King, US Foodservice, Seattle, WA, October 2006.
- \* MNT for Pressure Ulcers. Ohio Academy of Nursing Homes, Columbus, OH, October 2006.
- \* Failure to Thrive, Nutrition and Dementia, and End of Life Nutrition and Hydration, NE Region Kindred Dietitians, Andover, MA, October 2006.
- \* Unintentional Weight Loss in LTC, Omnicare Pharmacy, Cleveland, OH, September 2006.
- Unintentional Weight Loss in LTC, Omnicare Pharmacy, Perrysburg, OH, September 2006.
- \* Culture Change: Are You Ready?, Becky Dorner & Associates, Inc. Seminar, Akron, OH, August 2006.
- \* MNT for Pressure Ulcers, NJ Hospital Association, Princeton NJ, July 2006.
- Nutrition and Dementia, Ohio Department of Health Surveyors, Columbus, OH, April 2006.
- \* Increasing Your Value/Proving Your Worth, Cleveland, Stark, Mahoning and Greater Akron Dietetic Associations, Canton, OH, March 2006.
- \* Unintentional Weight Loss; Increasing Your Value, Nutrition Alliance, Tempe, AZ, November 2006.
- \* Older Adults with Failure to Thrive Syndrome, Nutrition and Dementia, Becky Dorner & Associates, Inc. Seminar, Akron, OH, April 2006.
- \* Nutrition and Hydration Solutions for Pressure Ulcers and Medical Nutrition Therapy for Diabetes, Creating a Demand for our Services: Customer Satisfaction is Key, Minnesota West Community and Technical College, Litchfield, MN, September 2005.
- \* Campbell's and the Long Term Care Market, Campbell's National Headquarters, Camden, NJ, September, 2005.
- \* MNT for Pressure Ulcers and Energize Your Life, US Foodservice, Appleton, WI, September 2005.
- \* MNT for Diabetes, The New Food Guide Pyramid, Becky Dorner & Associates, Inc. Seminar, Akron, OH, August 2005.
- \* MNT for Pressure Ulcers, Weight Loss Solutions, and Customer Satisfaction, HPC Food Service, Sturbridge, MA, April 2005.
- \* Nutrition for the Dementia Residents teleseminar, South Dakota Quality Improvement Organization (QIO), Colorado QIO, Nebraska QIO, April, 2005.
- \* It's Tough to Swallow: Nutrition and Dining for Dysphagia teleseminar, South Dakota QIO, Colorado QIO, Nebraska QIO, March, 2005.
- \* Hot Topics in Nutrition and LTC, Becky Dorner & Associates, Inc. Seminar, Akron, OH March 2005.

- \* All Star Dining: Enhancing the Dining Experience teleseminar, South Dakota QIO, Colorado QIO, Nebraska QIO, February, 2005.
- \* It's Tough to Swallow: Nutrition and Dining for Dysphagia, NE Ohio HCA, Cleveland, OH, December 2004.
- \* MNT for Pressure Ulcers, Physicians Wound Consultants, Cleveland, OH, November 2004.
- \* Creating a Demand for our Services: Customer Satisfaction is Key, Nutritious Lifestyles, Inc., Orlando, FL, October 2004.
- \* Do You Know Where I Can Get Something To Eat? And Nutrition and Dining for Dementia, Faith Based GPO, Cranberry, PA, October 2004.
- \* Nutrition and Hydration Solutions for Pressure Ulcers teleseminar, Alaska QIO, September, 2004.
- \* Cost is King: Effective Management of the Foodservice Budget, Carolina Nutrition Consultants Seminar, Columbia, SC, June 2004.
- \* Can You Hear Me Now?, Becky Dorner & Associates, Inc. Seminar, Akron, OH, June 2004.
- \* Just One More Bite! Nutrition and Hydration Care for End of Life; Who Turned Out the Lights at Work? (Disaster Planning); Energize Your Life!; Who Turned Out the Lights at Home? Western Maryland AHEC Dietetic Caucus, Cumberland, MD, May 2004.
- \* What's the Buzz in Nutrition Care?, Getting it All Done and Food Safety Made Easy, US Foodservice LTC Symposium, Cranberry, PA, May 2004.
- \* Cost is King, All Star Dining, Getting it All Done, and Energize Your Life, HPC Foodservice Seminar, Sturbridge, MA, April 2004.
- \* Getting It All Done, Ohio Director of Nurses Association, Columbus, OH, March 2004.
- \* End of Life: Nutrition and Hydration, Nutrition and Dementia, What's the Buzz, Becky Dorner & Associates, Inc. Seminar, Akron, OH, March 2004.
- \* It's Tough to Swallow: Nutrition and Dining for Dysphagia and Enhancing the Dining Experience, US Foodservice, Beaver Hollow, NY, November, 2003.
- \* It's Tough to Swallow: Nutrition and Dining for Dysphagia, Tandem Seminar, Orlando, FL, October 2003.
- \* Food Safety Made Easy, Relieving the Pressure, All Star Dining, Becky Dorner & Associates, Inc. Seminar, Akron, OH, September 2003.
- \* End of Life Nutrition and Hydration Care, Part I and II, PA Dept of Aging, Harrison, PA, May 2003.
- \* End of Life Nutrition and Hydration Care, and Nutrition Support for the Older Adult, Ohio Society of Parenteral and Enteral Nutrition, Columbus, OH, May 2003.
- \* The Magic of Liberalized Diets, and Mega Marketing for Success, Wisconsin Association of Nutrition Directors, Appleton, WI, May 2003.
- \* Prevention and Treatment of Pressure Ulcers; Ohio Director of Nurses Association, Columbus, OH, March 2003
- \* Team Nutrition; Mountain Plains Health Consortium, Gillette, WY, March 2003.
- Puree Pizzazz, Mountain Plains Health Consortium, Green River, WY, March 2003.
- \* What's the Buzz in Nutrition Care?, It's Tough to Swallow: Nutrition and Dining for Dysphagia, and Increasing you Value/Proving Your Worth; US Foodservice, Independence, OH, March 2003.
- \* Team Nutrition; Cost is King; Getting it all Done; and Increasing Your Value; US Foodservice Buffalo and Rochester Divisions Joint Seminar, Beaver Hollow, NY, November 2002.
- \* Just One More Bite: Nutrition and Hydration Care at End of Life (full day seminar); Mountain Plains Health Consortium, Rapid City, SD, June 2002.
- Dietary Budgets Out of Control? Take a Closer Look at Labor Costs, US Foodservice Akron, OH, June 2002.
- \* Increasing Your Value/Proving Your Worth, US Foodservice, Charleston, WV, June 2002.
- \* Enhancing the Dining Experience; Weight Loss: Whose Responsibility is It Anyway?!; It's Tough to Swallow: Dysphagia Causes and Treatment; Energize Your Life!, US Foodservice, Freedom, Canonsburg, PA, May 2002.
- \* Weight Loss: Whose Responsibility is it Anyway?, Ohio Director of Nurses Association, Columbus, OH March 2002.
- Enhancing the Dining Experience, Mountain Plains Health Consortium, Green River, WY, October 2001.
- \* The Changing Role of the Consultant Dietitian, Nutritious Life Styles, Orlando, FL, August 2001.
- \* Food Safety Made Easy, Sysco Food Show, Indianapolis, IN, October 2000.
- \* Dementia—Nutrition and Panel Discussion, A Bureau of Health Care Standards and Quality Training Conference, Division of Quality Assurance, Ohio Department of Health, Columbus, OH, June 1998.
- \* Combating Malnutrition in Long Term Care Facilities, Toledo, OH, Lansing and Troy, MI, Sponsored by Westhaven Pharmacies, May and June 1998.
- \* Various Healthcare Topics, WAKR AM Talk Radio, approximately 30 shows, Akron, OH, Weekly program March October 1998.
- \* Harvesting the Benefits of Nutrition Support, Omnicare Pharmacy, Akron, OH, December 1997.
- Westhaven Featured Seminar Presenter, 1994 present, various topics, Ohio, Michigan, Indiana.
- \* Acme Health Link Seminars, 1993 to 1997, Ohio and Pennsylvania, presented approximately 30 seminars.

## **Research Projects**

## LIQUID, ENZYME- HYDROLYZED PROTEIN SUPPLEMENT STUDY (2004-2005)

The primary objective of this study was to determine the response of pressure ulcer healing to doses of liquid, enzyme-hydrolyzed protein supplement. Study Investigators include Becky Dorner, RD, LD, Kwon Lee, MD and Mary Ellen Posthauer, RD, CD. Statistical analysis was conducted by Kay Wolf, PhD, RD of Ohio State University. Subjects were recruited from multiple nursing homes within Indiana, Ohio, New Jersey and New York. Adult subjects who meet all eligibility criteria are enrolled into the study. The goal was a total of 120 subjects (60 in each group – control and treatment). The experiment followed a daily treatment, randomized subject, convenience multicentered design. Subjects assigned to the treatment are provided 15 grams of protein through 45 mL of liquid, enzyme-hydrolyzed protein supplement three times per day by nursing. Once a week, and every other week for 8 weeks, healing rate measurement of the pressure area was conducted: subjectively by of one of the research assistants on clinical basis (utilize the PUSH Tool, copyrighted by National Pressure Ulcer Advisory Panel); pressure-area tracings performed independently by the research assistants; and photographic assessment. Results indicated significantly better PUSH scores in the subjects receiving the supplement versus those on standardized care. Results were published in March 2006 in Advances in Skin & Wound Care.

## VALIDATION OF THE ADA/CD-HCF NUTRITION RISK ASSESSMENT (2004-2005)

This study was conducted by CD-HCF a dietetics practice group of the American Dietetic Association. The study involved validation of a tool developed by CD-HCF and ADA members to identify nutritional risk and help practitioners to determine appropriate nutritional interventions for their long term care residents. The study was conducted in facilities across the country utilizing RDs who were willing to assist in the validation. Becky Dorner & Associates' staff participated in the study.

## UNINTENTIONAL WEIGHT LOSS INTERVENTION UTILIZING FORTIFIED FOOD METHOD (1993)

Subjects were selected from nursing facilities based on significant or severe unintentional weight loss. Subjects were placed on the Nutrition Intervention Program, an enhanced food program which provided an additional 1200 calories and 15 grams of protein daily over and above their normal diet (from high calorie/protein foods, not supplements). Implementation of this program reduced the total weight loss in each facility from 10% of residents each month, to 1-2%. As a result of this study, educational seminars were developed and presented, and a book was published entitled, "Diet Plus: A Nutrition Intervention Program for High Risk Residents."

## Affects of Pureed Diets on Long Term Care Residents (1989)

The study included a review of residents on pureed diets, interviews with staff, residents and families; current meal intake percentage and supplements ordered; food preparation and food service methods. Results indicated that 40% of consumed calories were from supplements; there were no standardized pureed recipes available or in use. Pureed foods were prepared randomly and were often too thin (diluting nutritional value). Acceptance was poor, food was often wasted, and staff refused to feed the residents what they perceived as substandard food; so they gave the residents supplements instead. As a result of this study, an educational seminar was developed and presented in multiple locations; a book was published (originally *Puree Pizzazz*, now updated to include all levels of dysphagia and entitled, *It's Tough to Swallow: Nutrition and Dining for Dysphagia*) including a set of 80 standardized recipes, and standardized instructions for preparing meats, vegetables, fruits, casseroles, etc.

## OFFICES AND MEMBERSHIPS IN PROFESSIONAL ORGANIZATIONS

## ACADEMY OF NUTRITION AND DIETETICS (ACADEMY) FORMERLY AMERICAN DIETETIC ASSOCIATION (ADA) OFFICES/POSITIONS

Council on Future Practice, Chair	2014-2015
Council on Future Practice Visioning Workgroup	2013-present
Translating Vision into Practice Award Workgroup	2014-present
Member Value Committee, Committee Member	2014-2016
Nutrition and Dietetics Associate Task Force	2014
Academy House of Delegates and Board of Directors:	
Speaker-elect/Speaker/Past Speaker	2011-2014
Council on Future Practice, HLT/BOD Liaison	2013-2014
Work groups: Levels of Practice, Visioning, Transforming Vision into Action Aw	<i>r</i> ard
HOD Mentor/Mentee Program, HLT and BOD Liaison	2013-2014
Ad Hoc Advisory Committee, Past Presidents and Speakers	2013-2014
Association of Nutrition & Foodservice Professionals (ANFP) and Academy of	
Nutrition and Dietetics Joint Task Force	2013-2014
Board of Directors, Executive Committee	2011-2013
Legislative and Public Policy Committee, HLT and BOD Liaison	2012-2013
Finance and Audit Committee	2011-2012
Nutrition Care Process and Standardized Language Committee,	
HLT and BOD Liaison	2011-2012
Differentiation Taskforce (Branding initiative)	2011-2012
Alliance Representative to Aging on Motion	2012-2016

Evidence Analysis Workgroup: Nutrition and Wound Care, Project Chair Research Committee Marketing Chair Evidence Analysis Workgroup: Unintended Weight Loss in Older Adults Tool Kit	2010-2011 2007-2010 2008-2009 2010-2013	
Evidence Analysis Guidelines Workgroup: Unintended Weight Loss in Older Adults WMDPG Newsletter Reviewer	2008-2009 2007-2008	
American Overseas Dietetic Association Communications Chair	2008-2011	
Alliance Representative to National Pressure Ulcer Advisory Panel	2001-2006	
House of Delegates: Professional Issues Delegate, Consultation & Business Practices of Delegates and Professional Issues Delegate, Consultation & Business Practices of Delegates and Professional Issues Delegate, Consultation & Business Practices of Delegates and Professional Issues Delegate, Consultation & Business Practices of Delegates and Professional Issues Delegate, Consultation & Business Practices of Delegates and Professional Issues and Profe		
Consultant Dietitians in Health Care Facilities (now Dietetics in Health Care Communities)		
Standards of Professional Practice Taskforce	2008	
Menu Guidelines Taskforce	2006	
Fundraising Chair	2001-2003	
Chair Elect/Chair/Senior Advisor	1999-2002	
CPE Article Editor Quarterly Publication	1997-1999	
Area V Coordinator Marketing Committee	1994-1997 1994-1997	
Professional Development Committee	1994-1997/1999-2002	
Nutrition Entrepreneurs	1334 1337/1333 2002	
Speaker's Specialty Sub-unit Chair	2002-2007	
Director Elect/Director Member Services	2001-2003	
Assistant Area Coordinator	1993-1995	
NATIONAL PRESSURE ULCER ADVISORY PANEL		
Officer (Secretary)	2006-2007/2007-2008	
Director	2006-2008/2009-2012	
Co-Chair Education Committee Co-Chair Biennial Conference	2008-2012 2008-2009	
NPUAP/EPUAP Pressure Ulcer Guidelines Committee	2006-2009	
(Nutrition Guidelines)	2007-2009	
Education Mission Committee	2006-2012	
Staging Task Force	2004-2007	
Public Policy Mission Committee	2001-2006	
ASSOCIATION OF NUTRITION AND FOODSERVICE PROFESSIONALS (FORMERLY DIETARY MA		
Industry Council Board	2004-2007	
Industry Council Member Annual Meeting Education Committee	2004-2011 2002-2004	
Item Writer's Committee for Certification Exam	1998-2000	
Rem Which 3 Committee for Certification Exam	1330 2000	
ASSOCIATION OF OHIO PHILANTHROPIC HOMES & HOUSING FOR THE AGING		
Health Care Committee	1997-2006	
OHIO HEALTH CARE ASSOCIATION	1007 1000	
Facility Standards Committee District XII Alternate	1997-1999	
OHIO DIETETIC ASSOCIATION (NOW OHIO ACADEMY OF NUTRITION AND DIETETICS)		
Chairman Consulting Nutritionists -Council on Practice	1989-1994	
Chairman of Public Relations Committee	1990-1992	
Liaison to Ohio Health Care Association	1991-1996	
Ohio Consultant Dietitians in Health Care Facilities, Legislative Chairman	1992-1994	
Chairman-Chair-Elect Resource and Development	1993-1995	
AMPON DIFFETIO ACCOCIATION (NOW OPENTED AMPON ACADEMY OF MUTDITION AND DIFFETION)		
AKRON DIETETIC ASSOCIATION (NOW GREATER AKRON ACADEMY OF NUTRITION AND DIET President/President-Elect	1987-1989	
District Media Representative	1989-91	
Chairman of Public Relations	1989-92	
Chairman of Council on Practice	1986-87	
Chairman of Nominating Committee	1984-85	
PROFESSIONAL ASSOCIATION MEMBERSHIPS		

Academy of Nutrition and Dietetics, (formerly American Dietetic Association)

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1980-present

Dietetics in Health Care Communities (formerly Consultant Dietitians in Health Care Facilities), a dietetic practice group (DPG) of the Academy of Nutrition and Dietetics (Academy) 1985-present Nutrition Entrepreneurs, a DPG of the Academy 1983-present Speakers Member Subgroup and Authors Member Subgroup Dietitians in Business & Communications, a DPG of the Academy 2000-present Healthy Aging, a DPG of the Academy (formerly GN) 1985-present American Overseas Dietetic Association 2003-present Weight Management, a DPG of the Academy 2011-present Food and Culinary Professionals, a DPG of the Academy 2011-2014 Over 50 Member Interest Group, a MIG of the Academy 2011-present Ohio Consultant Dietitians in Health Care Facilities 1985-present Ohio Academy of Nutrition and Dietetics 1980-present Greater Akron Dietetic Association 1982-present Ohio Health Care Association 1991-present Ohio Assisted Living Association 2000-present Florida Academy of Nutrition and Dietetics 2011-present Association of Ohio Philanthropic Housing for Aged 1997-2009 National Speakers Association 1998-2004 Active Volunteer for American Heart Association, Akron area 1985-1991 Additional Academy Memberships: Asian Indians in Nutrition and Dietetics, MIG, Fifty Plus in Nutrition and Dietetics MIG. Filipino Americans in Nutrition and Dietetics: Past memberships in Weight Management DPG, Food and Culinary DPG, NDEP DPG, and others

## **PAST CORPORATE PROJECTS**

**AUTHOR:** Implementing Successful and Effective MNT for Hypertension, Mrs. Dash (4 hour CEU program), 2008 **CLINICAL RESEARCH:** Medical Nutritionals USA, Inc., 2004-2005

#### **EDUCATIONAL PIECES/IMPLEMENTATION PIECES**

- \* Menus and Recipes for Health Care, Campbell's, 2010. Direct Supply, 2004. Precision Foods Thick It, 2002-2003. Nestle Clinical Nutrition, 2000-2001. Flavor Fresh, 2000. Novartis, 2000, 2002, 2003. Reliant Medical Products, 2003. VistaPharm, 2000. Calorie Shop/Physician's Weight Loss Centers, 1992-93.
- \* Articles: Reliant Medical Products 2003, Nestle Clinical Nutrition 2002, Flavor Fresh 2001

## **PRODUCT DEVELOPMENT**

\* Novartis Advisory Council for LTC 2005. Diehl, 2002-2003. Homestadt Farms, 2002. Nestle Clinical Nutrition, 2000. Calorie Shop/Physician's Weight Loss Centers-- Assisted in developing a healthy weight control system and food line for a nationally franchised company, 1992-93

## PRODUCT TESTING/RECIPE DEVELOPMENT/PRODUCT TRIALS

 InterNutra, 2003-2004. Medical Nutritionals USA, Inc., 2003-2005. Homestadt Farms, 2003. Precision Foods, Thick It, 2002. Nestle Clinical Nutrition, 2002. Vista Pharm, 2000.

## STAFF TRAINING

\* Gordon Food Service, 2013, 1997. Nestle Clinical Nutrition, 2000. Acme Food Service, 1993-97. Calorie Shop/ Physician's Weight Loss Centers, 1992-93.

## **SPEAKER'S BUREAU**

Novartis Nutrition, 2000-2008. Ross Labs, 2005-2008. Abbott International, 2005. Sysco, 2005-2008.

Nutrition Consulting Services, Inc. dba Becky Dorner & Associates Consulting held in person staff meetings at least annually (through 2014) in which industry supported a small trade show.