



*Caring for the Nutritional Needs of Older Adults*

## **Who turned out the lights? Disaster planning for the dietary department**

### **Description**

*The weather radio reports that a hurricane is approaching and should hit the area near the facility in 1.5 hours. You are beginning to prepare dinner for 150 residents and the food you are about to prepare requires the use of the oven, stoves, etc. The lights are flickering on and off and the winds outside are blowing fiercely. All of a sudden the lights go out. Dinner needs to be served.*

When disasters strike the outcomes can be devastating. Chances for survival dramatically increase when you are prepared, knowledgeable, adaptable and calm. Becky Dorner will help you get through a disaster should one occur at your facility. She'll provide special tips that will help you, your staff, and most importantly your residents to be survivors.

### **Objectives**

Participants will be able to:

1. create or update a disaster preparedness plan, with special emphasis on nutrition and hydration
2. develop a program to train staff for disaster preparedness
3. discuss the social challenges that accompany local disasters, with regard to senior citizens in institutions and at home

**Audience:** Dietary

**Audio-Visual Needs:** Data projector, lapel microphone

**Teaching Method:** Lecture, discussion, participation, Power Point slides/handouts